



The Chimes

Centenary United Methodist Church



see page 3



Confirmation

see pages 4-5



This might be the last newsletter you get in the mail...

see back page for details

January 2021

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Greetings,

One of my traditions at each New Year is to read from an old book I possess. From that book I re-read the following prayer:



*I am no longer my own, but thine.
Put me to what thou wilt, rank me with whom thou wilt.
Put me to doing, put me to suffering.
Let me be employed for thee or laid aside for thee,
exalted for thee or brought low for thee.
Let me be full, let me be empty.
Let me have all things, let me have nothing.
I freely and heartily yield all things to thy pleasure and disposal.
And now, O glorious and blessed God, Father, Son and Holy Spirit,
thou art mine, and I am thine.
So be it.
And the covenant which I have made on earth,
let it be ratified in heaven.
Amen.*

Tradition has it that John Wesley wrote that prayer and that he would use it regularly, especially as a part of a covenant service at the beginning of each new year. I like this prayer. I like that it reminds me that, ultimately, it's not about me but rather about God. It challenges me. I share it with the hope that it might challenge you as well.

Until Next Time,

Pastor Stanton

Connecting with CUMC

Office Hours: Monday through Thursday 12:30 to 3:30

Pastor's Hours: Mon., Wed., Thurs. 10:30-2:30, Fri. by Appointment

Phone: 608-965-3455



Office Administrator Becky Upmann is there to help with your questions or concerns.

Email: centenaryumcoffice@yahoo.com

CUMC Website: www.shullsburgumc.com

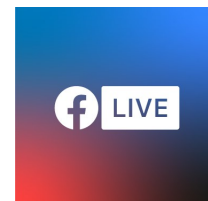
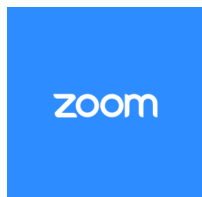


Facebook: [Centenary United Methodist Church](#)

Each Sunday service is broadcast on Facebook Live. In order to view it you must have the Facebook application on your computer or other device and be friends with CUMC. If you need assistance getting connected, contact the church office.

Online Bible Study

During this period of social distancing, Pastor Stanton continues Wednesday Morning Zoom-Only Bible Study. For information on how to join, see CUMC's Facebook page under events or contact Pastor Stanton.



Online Worship

Until we can return to in-church worship, we will continue to stream Sunday morning worship on Facebook Live (Centenary United Methodist Church) for you to watch or listen to anytime. We continue to send weekly mailings for our shut-ins.

Counting ALL our Christmas blessings at CUMC.....



162 food items Filling the Sills



82 gifts purchased for Christmas Blessings tree



21 cans of tuna collected for the Food Pantry



\$50 collected for the Warm Hearts fund

Thank you
FOR YOUR SUPPORT

Upcoming Events

Hello All,

Confirmation will be via Zoom until further notice. Any child grades 7 and up are welcome to participate. If you have any questions, please contact Pastor Stanton.

DESCRIPTION OF PURPOSES OF CONFIRMATION

- 1) Help young people draw closer to Christ
- 2) Assist in affirming their baptism
- 3) Provide experiences toward adult participation
- 4) Build relationships with other teens, adults & the pastor
- 5) Family ownership of confirmation and the faith



WHEN & WHERE WE MEET

Online Via Zoom initially (will begin meeting in the church entry once we are able to meet in person) – Sundays 11:00 a.m. to 12:30 p.m.

Tentative Dates: January 10, 2021; March 7, 2021; April 4, 2021; May 16, 2021

ISSUES AND IDEAS

Responsibilities

Attendance at Sunday classes – 100% or make up

Absences & make-up work & your folder

Weekly worship – 50% of the time is the minimum requirement

Use Facebook Messenger to send Pastor Stanton a note about what you think the sermon was about. Once we are back to in-person worship you can use the attendance cards to share what the sermon was about and place in offering plates, give to Pastor Stanton, or place in Pastor's mail box.

Sunday School morning class (currently via Zoom and Facebook -- Sunday School -- a 50% attendance desired)

Service/worship project(s) (4 hours for the year)

General information

Bibles: bring them

Snow days (once we are meeting in person) – class will be rescheduled if we are under a winter storm warning for the time that class is scheduled. While on Zoom we won't re-schedule for weather.

Inviting others

Special needs? Let me know

Newsletters & scheduling (not list your name? Unless you say don't, names might show up on the Internet...not other information unless you have given it to us to put on there)

Parent involvement

Sunday class volunteers (take a turn or two)

Phone # 608-965-3455 (o) 312-636-4427 (C) email: centenary.umc.pastor@gmail.com

Pastor Stanton Bockwoldt is inviting you to a scheduled Zoom meeting...

Topic: Confirmation

Time: Jan 10, 2021 10:30 AM Central Time (US and Canada)

<https://us02web.zoom.us/j/83662064084>

Or dial 312-626-6799

Meeting ID: 836 6206 4084



Going Above and Beyond as Stewards of CUMC



Food Pantry Giving

We collected 126 items for our December collection. Thank you to everyone who brought something in! For the month of January we are collecting canned meals such as beef stew, ravioli, spaghetti o's, etc. Distribution will be on Thursday, January 21.

January Missional Giving

Mission money collected this month will go to Gingerbread House Preschool.

If you would like to give to a different ministry, just write it on your envelope, but if you don't, it will go to this month's cause.



Give God A Chance to Bless Our Giving

I recently consulted with a church that shared that they had eliminated the Offertory portion of online worship during the pandemic. Presumably, this is because there is no passing of the plate during online worship. Others have commented on this trend in many other churches as well. I recommended that the church include the Offertory in worship starting immediately.

Ann Michel of the Lewis Center for Church Leadership writes that “From a theological perspective, offering should be part of every expression of Christian worship.”¹ That does not mean that what is offered must be collected during worship or via passing the plate. The Offertory may include dedication of all gifts since the previous worship service by whatever manner they have been conveyed to the church. In fact, the Offertory serves several functions. It provides a designated time during worship:

- To invite people to give.
- To explain the theological significance of giving.
- To share some of the good that giving accomplishes, especially when expressed by a recipient of that mission or ministry. This may be live or pre-recorded and played during the Offertory.
- To share the reasons that people in the congregation are motivated to give. This would be in the words of regular and faithful givers, again, live or pre-recorded.
- To dedicate or bless people’s gifts, however they may have been given.

Michel adds, “These practices reinforce the connection between giving and worship, regardless of the means by which the collection is received.”

Jim Wells, Director of Stewardship & Capital Campaigns, Wisconsin United Methodist Foundation at 608-837-9582 or jwells@wumf.org.

<https://www.churchleadership.com/leading-ideas/are-your-pandemic-giving-systems-aseffective-as-the-offering-plate/>

Thank you to all that helped with the annual Christmas Dinner! I wouldn't have been able to pull it off without the help of Dawn Gobrecht, Kim Brown, and Charles Searles getting everything ready and going. Also thank you to Lois Finnigan, Penny Tregloan, and Shirley Gensler for helping package up the meals and hand them out. Thanks to all who donated the food. Thank you to those that came and got your dinner (even with it being not the way it has always been done)...without you we wouldn't have this wonderful feast every year! I hope you enjoyed the meal and had a blessed holiday season.

Becky Upmann



GIVING: Because our Giving Is Worship

You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God. This service that you perform is not only supplying the needs of the Lord's people but is also overflowing in many expressions of thanks to God." (2 Corinthians 9:10-12) God established a design for worshipping when God revealed to Moses the plan for the Tent of Meeting (aka Tabernacle). Central to that worship was sacrificial giving. God required gifts of animals and grain be brought to the Tabernacle to be sacrificed and offered to God because it was pleasing to God.

These gifts were the first fruits of the agricultural work of the people representing a tithe (10%) of their production. God knew that an institution like Temple worship would require resources to be sustained. We read in the Old Testament that the people's gifts of meat and bread, cooked in a way pleasing to God, directly provided food for the priests, guards, and caretakers of the temple and the spiritual leaders of the tribes. Sharing the fruits of the harvest became the large feasts we read about in Jesus' time. In the modern Christian church, we maintain this pattern of giving designed by God.



Now, people are called to give in a way pleasing to God: first fruits representing 10% of each family's productivity. Though, in modern times, it is money rather than agricultural produce. These gifts to God, offered and dedicated in our worship services, are used to maintain the institution of the church by supporting its ministry and mission. This includes worship, congregational care, spiritual development, hospitality & outreach, and missions by way of support for clergy and staff, building maintenance and other budgetary items. What we can conclude from this is that we give first because it is a gift pleasing to God. As a result of our giving to God in worship, we also support all aspects of the important work of the church.

College/Military Ministry

As a subcommittee of the CUMC Outreach Committee, we try to stay in contact with our college students and active military. We periodically send them letters and small gifts from our church. **We recently sent out 15 Christmas cards to college kids and an active military gentleman, each containing a gift card, just to let them know we are thinking of them. If you have any updated information on your child, please contact the church office.**



Meetings and News



Monthly Accountable Leadership Board Meeting

Monday, January 11 — 6:30 p.m.



Sunday School News

This year the Sunday School students put together a virtual Christmas program — it can be found on the Centenary UMC Sunday School Facebook page and also on the Centenary United Methodist Church Facebook page. They worked hard at making sure that a Christmas program was still possible this year. We hope you enjoy it!



Sunday school will be resuming the weekly 9:00 a.m. Zoom meetings on January 10. Meeting ID is 212 242 8737, and the password is 3DpTDC. The lesson for that meeting will be posted to the Sunday school Facebook page the week of January 4.

Sunday School Team

Retired & Re-Fired Small Group

As we begin this new year, I want to refer to our R&R logo which is printed below: "We're All Part of His Flock."

To me this means that the Lord himself is our shepherd. It is comforting to know in these uncertain times that Jesus (the Good Shepherd) is caring for each us and for our group. Our job is to listen to our shepherd's voice and follow Him.

How will our R&R group function this year? We can't meet together at this time. I feel certain that our card connection program will continue as usual. We will also provide the Upper Room Devotionals to those in our home visitation program. What else? Let's listen for our shepherd's voice and see where He is leading us.

Blessings and Love,

Betty Gleason, Retired & Re-Fired Small Group Leader

We're all Part of His Flock



The Retired & Re-Fired Group
Centenary United Methodist Church

From Our Parish Nurse.....

June May Be National Dairy Month

BUT

January 11 is National Milk Day

Milk is an important part of a healthy diet for children and adults. Here are some important facts to keep in mind about milk and making it a part of your healthy everyday diet:

Milk—whether it's cow's milk, soy milk, or almond milk—provides between one-fourth and one-third of all the calcium most children and adults should have in a day. Cow's milk is also an excellent source of lean protein. It contains many other essential nutrients, including phosphorus, vitamin D, potassium, niacin, and riboflavin, important for adult and children's health.

Moms always say "drink your milk," and now they have the data that explains why. Few children and teens drink enough low-fat milk, a new study from the U.S. Centers of Disease Control and Prevention showed. Most kids (73 percent) drink milk, but only about 20 percent drink low-fat or nonfat milk, which is the healthiest option. The benefit of low-fat or nonfat milk is that you avoid unnecessary fat and calories. All varieties of milk contain about the same amount of calcium per serving, so you're not giving up any calcium when you skip the fat. According the U.S. Department of Agriculture's Dietary Guidelines, this is how much milk children should drink daily:

Children ages 2 to 3 years: 2 cups

Children ages 4 to 8 years: 2 1/2 cups

Children age 9 years and older: 3 cups

Low-fat chocolate milk can give you more energy after an intense workout than sports drinks or no-calorie beverages can, according to researchers at the University of Texas. In a study of trained cyclists, those who drank chocolate milk post-workout experienced better body composition, improved training times, and overall better physical shape than peers who had sports drinks.

Despite its contributions to good nutrition, many adults often shun drinking milk. But according to researchers at the universities of Reading, Cardiff, and Bristol: "Drinking milk could reduce your risk of dying from heart disease and stroke by as much as 20 percent." The researchers' analysis of 324 studies on milk consumption prompted them to conclude that drinking milk "provides a survival advantage."

So remember...

- *Milk is one of the best sources of calcium for the body.*
- *Milk is filled with Vitamin D that helps the body absorb calcium.*
- *Proper calcium intake contributes to strong and healthy bones.*
- *Drinking milk provides other benefits such as healthy teeth, rehydration and improves vitamin intake.*

Sources: www.usda.gov
www.everydayhealth.com

This page is provided by our Parish Nurse for Centenary UMC:

Marlene Stewart, RN, BSN, PN, WCC
(608) 293-1193

Please feel free to call her with any health questions you might have.

January Birthdays

1 Greg Jenson	21 Julianne Cunningham
2 Neal Mullikin	21 Linda Dillon
3 Kelly Altfillisch	21 Diane Freiburger
5 Dean Ubersox	21 Kari Strang
7 Russell Hauser	22 Rosa Gierke
8 Naomi Webster	23 Riley Swenson
11 Eli Humphrey	23 Jeremiah Diedrich
11 Shelby Fuerstenburg	24 Niccole Millin
12 Don Ahlstrom	25 Jeff Leitzinger
12 Eric Russell	25 Jennifer Foulker
12 Kaia Wurtzbacher	26 Brooke Fennel
12 Christian Wurtzbacher	26 Ashley Hinzman
14 Chad Gleason	27 Tina Woods
14 Jamie Roberts	28 Scott Pedley
14 Charles Searles	29 Julie Gill
16 Jeff Gensler	29 Nathan Harker
17 Tara Teasdale	30 Kennedy Kudronowicz
17 Janice Raymond	30 Gavin Pedley
17 Mikayla Reddington	30 Jason Leitzinger
18 Kortney Kudronowicz	31 Aiden Strang
18 Camden Russell	31 Kaden Strang
20 Dolores Young	31 Brandon Wilwert
20 Jamie Stoddard	

January Worship

January 3

Bishop Jung:
The Threshold of a New Beginning
 Matthew 2:12-23

January 10

Words Will Never Hurt Me
 Genesis 1:1-5
 Acts 19:1-7
 Mark 1:4-11

January 17

Satisfaction Guaranteed
 1 Samuel 3:1-10
 1 Corinthians 6:12-20
 John 1:43-51

January 24

Time to Go
 Jonah 3:1-5; 10
 1 Corinthians 7:29-31
 Mark 1:14-20

January 31

Real Life
 Deuteronomy 18:15-20
 1 Corinthians 8:1-13
 Mark 1:21-28

HAPPY ANNIVERSARY

3	Chris & LeAnn Wurtzbacher
5	Ron & Sharon Woodworth
22	Chic & Marcella Russell



January 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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**BEFORE I AGREE TO
2021
I NEED TO CHECK SOME
TERMS AND CONDITIONS**

1 2



3 4 5 6 7 8 9

NO Sunday School
9:30 Blended Worship via Zoom & Facebook Live

Pastor Stanton's
Day Off

9:30 Zoom Bible Study
w/Pastor Stanton

10 11 12 13 14 15 16

9:00 Sunday School Zoom
Check-In
9:30 Blended Worship via Zoom & Facebook Live
11:00 Confirmation Class via Zoom

6:30 Accountable Leadership Board Meeting (via Zoom)
Pastor Stanton's
Day Off

9:30 Zoom Bible Study
w/Pastor Stanton

17 18 19 20 21 22 23

9:00 Sunday School Zoom
Check-In
9:30 Blended Worship via Zoom & Facebook Live

Pastor Stanton's
Day Off

9:30 Zoom Bible Study
w/Pastor Stanton

3:30 Food Pantry

24 25 26 27 28 29 30

9:00 Sunday School Zoom
Check-In
9:30 Blended Worship via Zoom & Facebook Live

Pastor Stanton's
Day Off

9:30 Zoom Bible Study
w/Pastor Stanton

31

9:00 Sunday School Zoom
Check-In
9:30 Blended Worship via Zoom & Facebook Live

Special thanks to all the wonderful volunteers that help prepare the mailing of the newsletters each month.



The Chimes

Join us for Sunday
Morning Blended
worship
online!!!

(See inside for more
guidelines & details)

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Want to Keep Receiving Newsletters?

Beginning with the February 2021 newsletter, ALL NEWSLETTERS WILL BE E-MAILED INSTEAD OF MAILED.

However, we WILL continue to mail hard copies to a small number of those who are homebound or don't have e-mail. If you don't have an e-mail address, please contact the church office at 965-3455 to get on the mailing list. (If you are currently getting weekly worship mailings, we will continue to mail your newsletter.)

We want to reduce the paper, printing, labor, and postage costs of mailing approximately 225 newsletters, so if at all possible, please choose e-mail.

Thank you for your understanding!



Sharing God's love to change the world by making disciples of Jesus Christ.
