

The Chimes

Centenary United Methodist Church



Bible Study

with Pastor Maria

Wednesdays @ 9:30 a.m.
at Second Chance Coffee

Bible Study

led by Art Finnigan

Wednesdays @ 6:00 p.m.
in the Serenity Room

see page 3

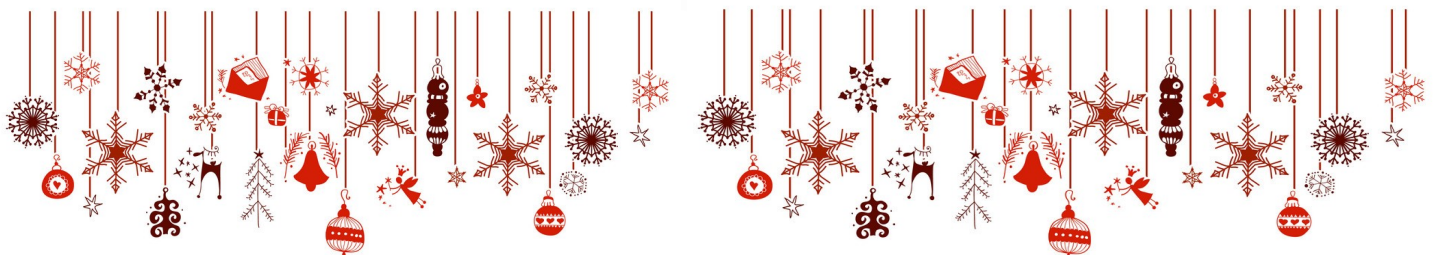


Wednesday nights see page 3



January 2023

<i>Pastor's Message</i>	2
<i>Home Visits</i>	2
<i>Wednesday Bible Studies</i>	3
<i>Wednesday Family Fun Nights</i>	3
<i>Worship Recording</i>	3
<i>Monthly ALB Meeting</i>	4
<i>Retired & Re-Fired Group</i>	4
<i>Fellowship Group</i>	4
<i>Foundation News</i>	5
<i>Youth Group</i>	5
<i>Food Pantry Ministry</i>	6
<i>Monthly Mission</i>	6
<i>Coffee Fellowship</i>	6
<i>Interview Challenge</i>	6
<i>Parish Nurse News</i>	7-8
<i>ALB Meeting Minutes</i>	8-9
<i>Worship Assistants Needed</i>	10
<i>January Birthdays & Anniversaries</i>	10
<i>January Lectionary</i>	10
<i>January Calendar</i>	11



Greetings from the Pastor

Happy New Year! I remember reading this phrase in a book: 'Our culture is obsessed with happiness.' I agree with this writer. People are seeking happiness and put in a great deal of effort trying to find it. Material well-being or physical well-being is often considered as a measure of happiness. However, we find we would never make ourselves or our family happy with stuff and outer conditions.



Real happiness, I would say, as many of you agree, grows out of joy. Unlike the contemporary concept of happiness, joy is a particularly spiritual concept. We are in a season of Joy. Joy of the birth of Christ, Our Lord! A prominent Old Testament scholar said, joy is a deep-seated sense of well-being – a fullness of spirit that overflows even when the world seems empty. If we have this joy overflowing in us every day, we wouldn't be so troubled by petty things of life or thirsty for worldly amusement. Let me share with you three points, regarding joy from Jesus' point of view.

First, Joy in Christ leads us to a blessed life – life full of God's blessings. I believe the life of the blessed is also the life of joy. Can we imagine a 'blessed person' who is always angry or anxious? No. On the contrary, if we see a person filled with joy, we would call her/ him a blessed person. Second, Joy is an underlying source for blessed life. Third, the joy of our Christians lives is being connected to God, our heavenly father, known by Him, comforted and filled by Him. The joy of fellowship with God. May you and your family be filled with joy throughout the new year!

Peace,

Pastor Maria



TO LOVE YOU MORE...

It is the job of the pastor, leaders, and whole congregation to care for the body of the church. We are called to love as Jesus loved. The church doesn't always know when you are hurt, having surgery, going through a tough time, or in the hospital.

If you would like Pastor Maria to visit you or a family member, please call the church office or her cell directly at (253) 886-6015 to set up a time!

Upcoming Events

Bible Study

with Pastor Maria

Wednesdays @ 9:30 a.m.
at Second Chance Coffee

FAMILY FUN NIGHTS

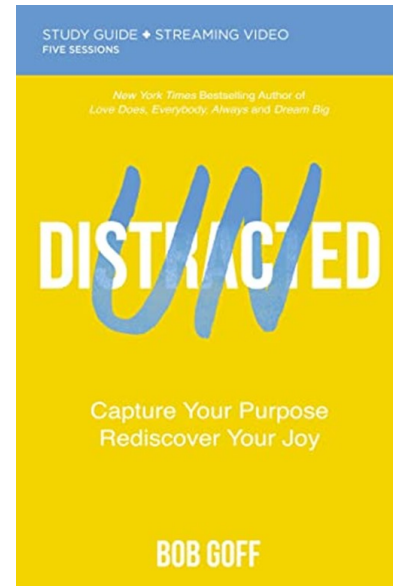
Every Wednesday night
from 6:00 - 7:00 p.m.

Join us for Children's Church and Adult Book Study. Each week you can expect a meal, Sunday School lesson, and an activity.

ALL kids between 3 years old and 12th grade and their families are welcome

So bring the whole family...we hope to see you there!

Wednesday Evening
Adult Book Study
6:00 - 7:00 p.m.



Bestselling author of "Love Does" Bob Goff has created this video Bible study to give you guidance and joyful permission to:

- Identify the distractions in your life.
- Eliminate them so that you can recharge and refocus on your God-given purpose.
- Start living a less-distracted and more joy-filled and love-oriented life.

Worship service is recorded every Sunday and posted on the church Facebook page. The Tech Team is in charge of recording & posting, if you would like to be part of the team, please let Team Leader Jeremiah Diedrich know.



Meetings and News



Monthly Accountable Leadership Board Meeting

Tuesday, January 17
6:00 p.m.



Retired & Re-Fired Small Group

Happy New Year! This is a time of new beginnings. No matter what your past struggles have been there is hope, joy and redemption in your future if you choose Jesus!

Our group will be on winter break from now until we meet on March 20. At that meeting we'll be working on getting Easter cards ready. We'll also talk about our plan for activities and projects for the spring. Please bring your own lunch and your Bible study book. Coffee, tea, and a dessert will be provided. May God bless you and guide you until we meet again!

Mary Gensler, Retired & Re-Fired Small Group Leader

We're all Part of His Flock



The Retired & Re-Fired Group
Centenary United Methodist Church

Fellowship Group News

Thank you to all who gave food, helped setup and serve the family of Ashley Russell on Friday, December 16. The family was very appreciative of everything that was done for them. It is always so comforting and a gift to those who are grieving their loved one to feel the love from their church. Thank you again everyone!

We will be hosting a pasty bake again on Saturday, March 11, 2023. We will have more updates in the February newsletter regarding cost and where to place your orders.

Just a reminder that the Fellowship Group sponsors a new flower arrangement the first week of every month, and we hope that you enjoy them. Thank you to Ila Rose for providing the flowers.

God Bless

Pam Harker



I Like Floormats

This story is from "I Like Giving" by Brad Formsma. His book and corresponding website, www.ilikegiving.com, are full of stories and videos about the power of generosity.

It is hard to characterize my brother-in-law, James. He's not a guy who draws a lot of attention to himself, and he's not a guy with great wealth. In fact, James is, well, quite average, but when it comes to generosity, James is one of the most above-average people I've ever met.

For instance, if James needed to borrow your car, he would likely return it with a full tank of fuel or maybe a new set of tires. Or maybe it would have been detailed. And unless you happened to notice, he wouldn't draw any attention to it.

Which is exactly what happened with the floor mats in our Honda Accord. They were worn-out. I mean, they're floor mats. They are one of those things you think about replacing when you vacuum the car and say to yourself, "Wow, these look terrible. I need to replace them." You finish vacuuming, put the mats back, and never give them another thought until the next time you clean your car.

However, this particular time I did notice them. They were new. I immediately asked my wife if she'd bought the new car mats. She said she thought I had. Immediately we knew it was James. I could not think of when he might have done it. I went back in the house, called him, and asked if he was responsible. As I suspected, he was.

"When did you put new mats in the car?" I asked since we hadn't seen him in weeks. "About three months ago," he sheepishly replied.

I couldn't believe I'd been so unobservant, but I wasn't the least bit surprised by James thoughtful act of generosity. It's a lifestyle with him. I truly can't think of anything he enjoys doing more than giving, and I can't think of anyone who has more fun finding unique ways to give. I mean, who would ever think of replacing someone's floor mats?

Rev. Jason Mahnke, Wisconsin United Methodist Foundation



Youth Group

Calling all youth grades 6-12! This month's meetings:

January 15 @ 6:30 in the Fellowship Hall

January 29 @ 6:30 in the Fellowship Hall

Youth Group Leaders,

Amy Mullikin, Jamie Roberts, & Danica Diedrich



Going Above and Beyond as Stewards of CUMC



Food Pantry Giving

We collected 86 items for our December collection. Thank you to everyone who brought something in! For the month of January we are collecting canned meals such as Beef Stew, Ravioli, SpaghettiOs, etc.

Distribution will be on January 19.

January Missional Giving

Mission money collected this month will go to Gingerbread House Preschool.

If you would like to give to a different ministry, just write it on your envelope, but if you don't, it will go to this month's cause.

**Gingerbread House
Preschool**



Join us on Sunday mornings before Worship for Coffee and Fellowship. Coffee, tea, and milk along with a light snack will be served from 10:00-10:30 a.m. every Sunday.

If you feel called to sign up for a Sunday, please see the sign-up sheet on the back table or contact the Team Leader, Mary Gensler. **We are in need of hosts for January, February and March.**



Pastor Maria is continuing the "Centenary Interview Challenge." The rule is the same with Ice Bucket Challenge, except there is no ice bucket! After you have an interview with Pastor Maria, you are expected to nominate someone for the next interview. We are hoping that she is able to get everyone to do the challenge. This is a great way for her to get to know everyone.

From Our Parish Nurse.....

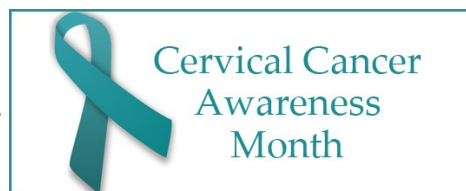
Cervical Cancer Awareness

Cancer starts when cells in the body begin to grow out of control. Cells in nearly any part of the body can become cancer, and can spread to other areas of the body.

Cervical cancer starts in the cells lining the cervix -- the lower part of the uterus (womb). This is sometimes called the *uterine cervix*. The fetus grows in the body of the uterus (the upper part). The cervix connects the body of the uterus to the vagina (birth canal).

The American Cancer Society recommends that women follow these guidelines to help find cervical cancer early. Following these guidelines can also find pre-cancers, which can be treated to keep cervical cancer from forming.

- All women should begin cervical cancer testing (screening) at age 21. Women aged 21 to 29, should have a Pap test every 3 years. HPV testing should not be used for screening in this age group.
- Beginning at age 30, the preferred way to screen is with a Pap test combined with an HPV test every 5 years. This is called co-testing and should continue until age 65. Another reasonable option for women 30 to 65 is to get tested every 3 years with just the Pap test.
- Women who are at high risk of cervical cancer because of a suppressed immune system (for example from HIV infection, organ transplant, or long-term steroid use) or because they were exposed to Diethylstilbestrol (DES) in utero may need to be screened more often. They should follow the recommendations of their health care team.
- Women over 65 years of age who have had regular screening in the previous 10 years should stop cervical cancer screening as long as they haven't had any serious pre-cancers found in the last 20 years.
- Women who have had a total hysterectomy (removal of the uterus and cervix) should stop screening (such as Pap tests and HPV tests), unless the hysterectomy was done as a treatment for cervical pre-cancer (or cancer). Women who have had a hysterectomy without removal of the cervix (called a *supra-cervical hysterectomy*) should continue cervical cancer screening according to the guidelines above.
- Women who have been vaccinated against HPV should still follow these guidelines.
- Some women believe that they can stop cervical cancer screening once they have stopped having children. This is not true. They should continue to follow American Cancer Society guidelines.



Importance of being screened for cervical cancer

Screening tests offer the best chance to have cervical cancer found early when successful treatment is likely. Screening can also actually prevent most cervical cancers by finding abnormal cervical cell changes (pre-cancers) so that they can be treated before they have a chance to turn into a cervical cancer.

Sources:

www.crohnsandcolitis.com/you-and-your-doctor

This page is provided by our Parish Nurse for Centenary UMC:

Marlene Stewart, RN, BSN, PN, WCC
(608) 293-1193

Please feel free to call her with any health questions you might have.

ALB Meeting 11/21/2022 Minutes



Our Mission Statement

Sharing God's love to change the world by making disciples of Jesus Christ.

Devotion by the pastor

Video "Ultimate reliance – Breakthrough Prayers"- Watched the video and had discussion on this.

ALB Orientation continued (III)

- 2023 ALB Table of Organization- we went over the sheets that Pastor Maria had given us.
- Discussed different ways to full fill our mission of the church.

Business/Ministry Reports

- Update on how we are doing Financially- Review and discuss Financial Reports
- Apportionments: 15% tithe to apportionments for October; Giving is \$6,783 so \$1,017 to send to Conference, plus designated apportionment giving. – Motion made by Danica seconded by Pam to approve the apportionment for October. All in favor. Motion approved.

Meeting Minutes-

- Review and Approve- Motion made by Danica seconded by Jamie to approve the minutes as is All in favor. Minutes approved.

Discussion of possible ALB meeting time/day change

- It was discussed, and we will move it to the 3rd Tuesday of each month at 6:00 p.m. starting in December.

Trustees

- Blinds- discussed that the blinds are up and done. Everyone loves them.
- Parsonage Garage Door Repair- Jamie stated that he got ahold of Careys to come look at the door. They will need to replace the bottom. Pastor told the group what happened.

Wednesday Fun Night

- Number of participants- seems to be growing
- Meals- Danica is ok with keeping the things the way it is.

Memorial – nothing to report

Fellowship Group

- They have 2 funerals coming up

Other Mission/Ministry

- Music/Band- it was discussed that they want to start a small band again at the church. They will do a Small Christmas Concert on December 14 @ 630 with a meal to start at 6 pm.
- Advent Candle Lighting & Scripture Reading- Pastor is looking for people to do advent readings during Advent season. Becky will find the people for this.
- 3 Community Worship events in December, possible small gifts It was approved to purchase a gift for each place for up to \$50 per location. This will come out of the Trustee Ministry money and Pastor will hand them out.
- Sharing of Church Conference Information- It was asked to put the Minutes from Church Conference in the Newsletter for everyone to see.
- ALB Orientation for new members- Pastor will have a workshop in December for the new members of the ALB.

Adjournment 9:20 p.m.

Present: Pastor Maria, Danica Diedrich, Jamie Roberts, Mary Gensler, Pam Harker, Lois Finnigan, Art Finnigan, Terry Hicks, Becky Upmann





1 Neal Mullikin	18 Camden Russell
12 Don Ahlstrom	21 Linda Dillon
12 Eric Russell	21 Diane Freiburger
12 Kaia Wurtzbacher	21 Kari Strang
12 Christian Wurtzbacher	22 Rosa Gierke
14 Chad Gleason	23 Jeremiah Diedrich
14 Jamie Roberts	25 Jennifer Foulker
14 Charles Searles	29 Julie Gill
17 Tara Teasdale	29 Nathan Harker
18 Kortney Kudronowicz	30 Kennedy Kudronowicz



3 Chris & LeAnn Wurtzbacher

Scripture Readers

Opening Prayer Readers

CHILDREN FOR OFFERING HELPERS

Your participation will make our worship more lively and active!

If you feel called to help with any of these, please contact the office.



January Lectionary

January 1

Epiphany Sunday

Isaiah 60:1-6

Psalms 72:1-7, 10-14

Ephesians 3:1-12

Matthew 2:1-12

January 6

Epiphany of the Lord

Isaiah 60:1-6

Psalms 72:1-7, 10-14

Ephesians 3:1-12

Matthew 2:1-12

January 8

Baptism of the Lord

Isaiah 42:1-9

Psalms 29

Acts 10:34-43

Matthew 3:13-17

January 15

2nd Sunday After the Epiphany

Isaiah 49:1-7

Psalms 40:1-11

1 Corinthians 1:1-9

John 1:29-42

January 22

3rd Sunday After the Epiphany

Isaiah 9:1-4

Psalms 27:1, 4-9

1 Corinthians 1:10-18

Matthew 4:12-23

January 29

4th Sunday After the Epiphany




Micah 6:1-8

Psalms 15

1 Corinthians 1:18-31

Matthew 5:1-12

JANUARY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30 Blended Worship 	2	3	4 9:30 Bible Study @ 2nd Chance w/Pastor Maria 6:00-7:00 Family Fun Night 6:00-7:00 Book Study w/Art	5	6	7
8 Communion 10:30 Blended Worship	9	10 2:00 ALB Orientation 6:30 Cub Scouts	11 9:30 Bible Study @ 2nd Chance w/Pastor Maria 6:00-7:00 Family Fun Night 6:00-7:00 Book Study w/Art	12	13	14
15 10:30 Blended Worship 6:30 Youth Group	16 	17 3:00 Community Worship @ Shullsburg Home 6:00 ALB mtg.	18 9:30 Bible Study @ 2nd Chance w/Pastor Maria 6:00-7:00 Family Fun Night 6:00-7:00 Book Study w/Art	19 3:30 Food Pantry	20	21
22 10:30 Blended Worship	23	24 6:30 Cub Scouts	25 9:30 Bible Study @ 2nd Chance w/Pastor Maria 6:00-7:00 Family Fun Night 6:00-7:00 Book Study w/Art	26	27	28
29 10:30 Blended Worship 6:30 Youth Group	30	31 6:30 Cub Scouts				



The Chimes

Join us for Sunday
Morning Blended
worship

10:30 In-Person &
Recorded Service on
Facebook each
Sunday

Centenary United Methodist Church
226 West Church Street
P.O. Box 127
Shullsburg, WI 53586-0127

Address Service Requested

May he give you the desires of your heart
and make all your plans succeed

Happy New Year



Our Mission Statement

Sharing God's love to change the world by making disciples of Jesus Christ.