



The Chimes



Centenary United Methodist Church



see page 3



see page 3

June 2023

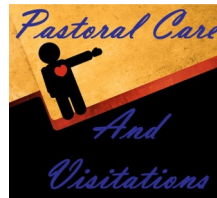
**Accountable Leadership
Board Meeting**

Highlights

see page 9



see page 4



see page 5



see back page

50

ATTENDANCE CHALLENGE

see page 6



see page 6



<i>Pastor's Message</i>	2	<i>Trustee Group</i>	5	<i>May ALB Highlights</i>	9
<i>Home Visits</i>	2	<i>Pastoral Visits</i>	5	<i>June Food Pantry Item</i>	10
<i>June Pulpit Supply</i>	2	<i>Keep Us Updated</i>	5	<i>June Mission</i>	10
<i>Ministries on Summer Break</i>	3	<i>Congrats, High School Grads</i>	6	<i>Re-Awaken CUMC Band</i>	10
<i>Men's Group</i>	3	<i>Wisconsin Annual Conference</i>	6	<i>Foundation News</i>	11
<i>Community Worship</i>	3	<i>50 Attendance Challenge</i>	6	<i>Parish Nurse News</i>	12-13
<i>Confirmation Class</i>	3	<i>Lay Servant Training</i>	7	<i>WI UM Camps</i>	13
<i>Bingo @ Manor</i>	3	<i>Stewardship Training</i>	7	<i>June Birthdays & Anniversaries</i>	14
<i>Fellowship Group</i>	4	<i>Intercessory Prayer Group</i>	8	<i>June Lectionary</i>	14
<i>Retired & Re-Fired Group</i>	4	<i>Infant Baptism</i>	8	<i>June Calendar</i>	15
<i>Coffee Fellowship</i>	4	<i>Honoring our Local Heroes</i>	8	<i>Vacation Bible School</i>	Back

Greetings in the name of the Lord!

We celebrated Mother's Day in May and are waiting for Father's Day.

In Hosea, the Hebrew word for "mercy" is *hesed* – which is often translated as lovingkindness or faithful love. When Jesus said "I desire mercy and not sacrifice (Matthew 9:13)," it was actually a quote from the Book of Hosea. The singular root of *hesed* is the same word as "womb." The sharing of the same root between "mercy" and "womb" suggests that their meaning be intertwined. Perhaps, "mercy" is something that emerges from the womb: a nourishing, sustaining love, born out of pain and meant to give life. It is this mercy, this womblike love of Jesus that made Matthew turn away from sinful ways of living and took a new step of love and serving with Jesus.

Centenary UMC has been blessed by our female members who have manifested this "womblike" love. Especially, our thanks go to Lady's Fellowship Group. Serving on special occasions, fund raising, church cleaning, etc.... so many times, for many years and in many events our ladies showed how we can follow Jesus and his call to *hesed* "womblike love." We honor mothers of church not because you serve us food – we can go out for lunch at Dairy Queen anytime, but because you love us – not judging but supporting and encouraging, not setting limit but helping us embrace Christ's vision in faith. Drawing on this "womblike" love, our congregations have grown and will grow in full stature of Christ. Let us continue to invite, embrace more people and reconcile them to Jesus just as we were invited, embraced and reconciled to Jesus in our church.

Thanks again, mothers of church for being a model for this. We honor your love.

Peace,

Pastor Maria

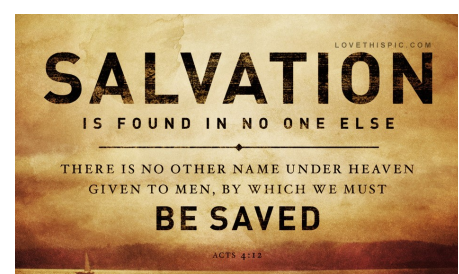


TO LOVE YOU MORE...

It is the job of the pastor, leaders, and whole congregation to care for the body of the church. We are called to love as Jesus loved. The church doesn't always know when you are hurt, having surgery, going through a tough time, or in the hospital. **If you would like Pastor Maria to visit you or a family member**, please call the church office or her cell directly at (253) 886-6015 to set up a time!



Pastor Maria will be gone to Annual Conference and on vacation in June. Filling in for service are Tina Cruse on June 11 and Art Finnigan on June 18.



Upcoming Events



There will be a Men's Group meeting on Saturday, June 10 at 9:00 a.m.

Art Finnigan, Jamie Roberts, & Jeremiah Diedrich



Pastor Maria leads worship for community residents. You are welcome to join and spend time sharing God's love.

June 6 - Lafayette Manor - 10:00 a.m.

June 8 - St. Dominic Villa - 2:00 p.m.

June 13 - Shullsburg Home - 10:00 a.m.

June 14 - Willow Valley - 9:30 a.m.



ATTENTION: PARENTS OF CHILDREN 12-17 years old:

Pastor Maria will be resuming Confirmation Class in the Fall. If your child is interested in doing confirmation, please contact Pastor Maria or the church office.

Bingo at the Manor

If you like to play Bingo, then come to the Lafayette Manor in Darlington on Wednesday, June 28 and play Bingo with the residents from 1:45 - 2:45 p.m.



Meetings and News

Fellowship Group News

Mark your calendar to come and donate blood at CUMC on Tuesday, June 13 from noon - 5:00 p.m. Come make a donation to this important blood drive to help lots of people who might need to have blood or a transfusion! Go on the American Red Cross Iowa chapter web site, enter your zip code and then click on giving blood tab and you will be able to make your appointment time to give. www.redcross.org



God Bless, Pam Harker, Fellowship Chair

Retired & Re-Fired Small Group

We're all Part of His Flock



Happy Summer!!! Holiday season has begun with graduations, the end of the school year, and summer vacations all on the horizon. It's the time of year where Retired & Re-Fired group will go on Summer Break.

We were able to exceed our goal in the Care Kits. We ended up with 27 kits to take to Annual Conference. Thank you to all who contributed to them and helped pack them up.

Our next meeting will be on September 11 at noon in the Fellowship Hall. Bring your own lunch; coffee and tea will be provided.

May God bless you and guide you until we meet again!

Mary Gensler, Retired & Re-Fired Small Group Leader



Join us on Sunday mornings before Worship for Coffee and Fellowship. Coffee, tea, and milk along with a light snack will be served from 10:00-10:30 a.m. every Sunday.

If you feel called to sign up for a Sunday, please see the sign-up sheet on the back table or contact the Team Leader, Mary Gensler. **We are in need of hosts for June & July.**



Trustees News

"We welcome Tom Teutschmann as a new co-chair of our Trustees board working along with the other two co-chairs (Jamie Roberts and Jeremiah Diedrich)."

The remodeled upstairs men's bathroom and the larger classroom are almost complete as I write this article. They are finishing up the last of the construction this week.

The Trustees have a few more projects that we would like to do and some necessary up-keep that needs done.

In order to do all of these latest projects, we have had to take money from our investments. We are looking for contributions to help grow our accounts back up.

If you feel called to contribute directly to these projects so we don't have to pull from the investments, we would greatly appreciate it. We'd like to make the church as accessible as possible without depleting all of our investment funds.



Our next Trustee meeting will be held on Sunday, June 18 following worship.

Jamie Roberts, Co-Trustees Chair



In May, Pastor Maria will be doing **Pastoral Visitations to elderly female members** in honor of Mother's Day. Daughters or sons can recommend for their mothers, or anyone can recommend for their friends or church members. She will be seeing them from Mother's Day until Father's Day.



In June, Pastor Maria will be doing **Pastoral Visitations to elderly male members** in honor of Father's Day. Sons or daughters can recommend for their fathers, or anyone can recommend for their friends or church members. She will be seeing them from Father's Day until the middle of July.



We have been working hard on updating our mailing lists and email addresses. If you have moved or changed your email address or phone number, please let us know. If you are unsure of the information that we have on file for you, please contact Becky U. in the church office to verify.

Thank you!!

(608)965-3455 or e-mail at centenaryumcoffice@yahoo.com

Congratulations to CUMC's graduating high school members/friends! Here are this year's graduates if you would like to send them a card. If you know of someone who I have missed, please let the office know.



Emmie Coppes — P.O. Box 365, Shullsburg, WI 53586

Eddie Gierke — 17802 Cty Rd A, Shullsburg, WI 53586

Riley Gobrecht — 200 W Estey St., Shullsburg, WI 53586

Emma Pedley — 230 Francis St., Shullsburg, WI 53586

Eli Poppy — 18062 Cty Rd A., Shullsburg, WI 53586

Garrett Ray — 2125 White Oak Cemetery., Shullsburg, WI 53586

Nevada Sandlin — 581 E Faith St., Shullsburg, WI 53586

Emily Wiegel—4835 Bennett Rd, Benton, WI 53803

Ella Woodworth—2545 Cty Rd P, Shullsburg, WI 53586

Congratulations



June 9-12, 2023
KI Convention Center
333 Main Street
Green Bay, WI

On **Monday, June 12 9:00 a.m. - noon**, the conference office in Sun Prairie will be hosting a workshop open to everyone in our Conference, particularly those attending Annual Conference. The intent of this workshop is to provide practical, ready-to-implement ideas for guiding our congregations toward greater inclusion and belonging. This workshop continues our Conference commitment to becoming Beloved Community in our Conference and churches. There is no cost for the workshop. If you have registered for lunch, we can continue discussion around the lunch tables.

To sign up for the session, please contact Lori Denoyer at ldenoier@wisconsinumc.org.



50

ATTENDANCE CHALLENGE

50 Attendance Challenge group is going to be organized. Its purpose is to make our church more relevant, inviting and welcoming to all people including younger generation families for their reconnecting to Jesus. If you feel called, please, let pastor Maria or Mary Gensler know.

Lay Servant Ministry Upcoming Trainings

Join us for upcoming Lay Servant Ministries course opportunities throughout the Conference. We offer Basic and Advanced Courses for those working toward certification, as well as ongoing training for Lay Servants, Lay Speakers, and anyone else who is interested, in a variety of locations across the state.

If you are interested in registering for a class, please fill out the LSM Registration Form. Completed forms can be emailed to your District Director or Directors of Lay Servant Ministries. Visit CBOL Leadership to find your District Director of Lay Servant Ministry.

Lay Servant Ministries courses can also be taken online through beadisciple.com.



Make sure that the course is marked with Lay Servant Ministries, as BeADisciple offers classes that fulfill many different kinds of non-LSM certifications. If you have any questions about taking courses through BeADisciple, or if a particular course will count towards your Lay Servant or Lay Speaker certification, please reach out to your District Director of Lay Servant Ministries for guidance.

Stewardship from the Ground Up

Stewardship Conference at Pine Lake hosted by the Wisconsin United Methodist Foundation



Calling all Stewardship Teams, Finance Committees, Church Councils, Accountable Leadership Boards, and Pastors! You are invited to the Wisconsin United Methodist Foundation's Annual Stewardship Conference at Pine Lake Camp on August 11 & 12. This year's theme is *Stewardship from the Ground Up* and will feature workshops on vital stewardship techniques and essential stewardship practices that have been and continue to be important for local congregations and other ministries.

You can come in-person for just the day (Friday from 3-8 pm or Saturday from 9:15 am-4:15 pm) for \$20, for the full retreat (Friday 2 pm – Saturday 4:15 pm) for \$80 if you're sharing a room or \$125 for your own room, or attend virtually via Zoom for \$40*. (Meals and beautiful location included for in-person options.)

Questions? Contact Rev. Jason Mahnke, Director of Programming and Campaigns, at jason@wumf.org.

*The main presentations will be available virtually via Zoom, but some of the breakout sessions during the Conference will not due to technical limitations.

Register at <https://wiumcamps.campbrainregistration.com/>

Our intercessory prayer group is going well! We welcome Sandy Russell to our prayer team and would love to have others join too! Intercessory prayer is powerful!!! It's simple to join, just send your email address to Pam Teasdale at pamteas@yousq.net!

When we pray, God listens and works for us! The Lord is near to all who call on him, to all who call on him in truth (Psalms 145:18).

As children of God, we are connected through our prayers for each other in Christ. Feel free to submit as many prayer requests as you like!

Thank you to the Team: Leader Pam Teasdale, Kerry Coppes, Linda Dillon, Lois Finnigan, Mary Gensler, Therese Gratz, Amy Mullikin, Marlene Stewart, Sharon Teutschmann, Cherie Uehling, Sandy Russell, Becky Upmann, & Pastor Maria Kim for their dedication to the weekly prayers.

Infant Baptism

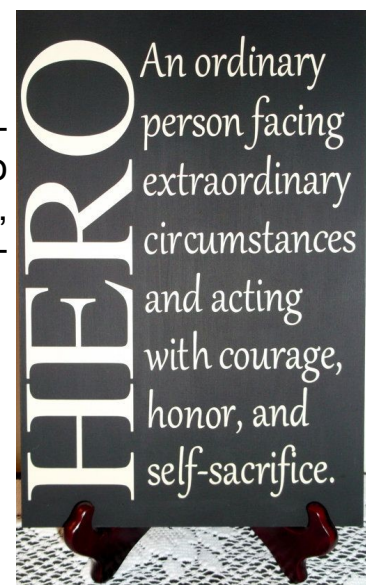
Adult baptisms are typically part of becoming a member of the church. At Centenary UMC, we also celebrate the Sacrament of Baptism for infants and children. When an infant or child is baptized, the congregation commits itself to nurturing the child in faith. In turn the parents or guardians of the child declare their promise to be an active part of the church community.

A baptism application must be submitted five to six weeks prior to the Sunday your child will be baptized, and the parent(s) must attend a Baptism Commitment Class (one time). An application is available at the church office. For more details or questions, please, contact Pastor Maria.



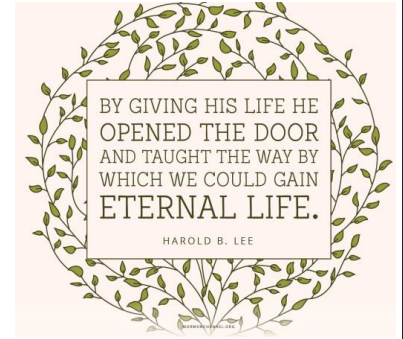
Memorial Sunday

In our Sunday May 28 worship service, we appreciated and honored those who lost their lives in military service and those who have served in the armed forces. Special welcome to veterans, spouses, and family members of fallen heroes. Thank you for joining us in this special worship.



Accountable Leadership Board Meeting

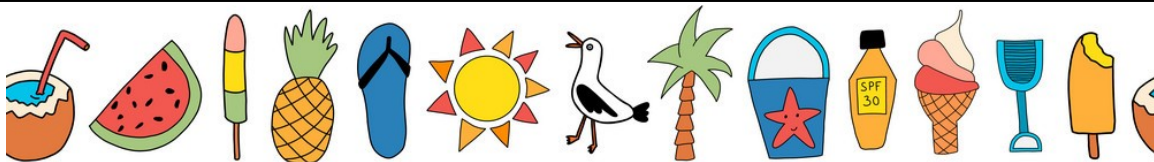
Highlights



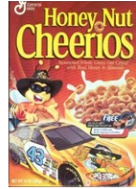
May 16 meeting:

Business/Ministry Reports

- Update on how we are doing Financially- Review and discuss Financial Reports
Motion made by Pam Harker seconded by Jamie Roberts to approve the financial reports as is. All in favor. Motion approved.
- Apportionments: 15% tithe to apportionments for Conference, plus designated apportionment giving.
Motion made by Jamie Roberts seconded by Pam Harker to approve sending \$1540 for April. All in favor. Motion approved.
- Meeting Minutes- Review and Approve
Motion made by Jeremiah Diedrich seconded by Sharon Teutschmann to approve the minutes as presented. All in favor. Minutes approved.
- Trustees-
Upstairs Men's Bathroom Project-It is coming along.
Trustee/men's meeting May 6th—The Men's group met and will meet again next month to discuss how they want it to be ran. The Trustees are looking for women to join the group.
- Planning for Summer Bible School
Discussed asking a few different people to help plan this. Will have more at the next meeting.
- Music/Band
Jeremiah stated that it was going well. They are looking for more people to join. They will play on June 4 with 2 songs and hopefully do a Adult Choir date in may as well.
- Fellowship Group discussed having the Blood Drive here in June. They will be looking to clean the church well after all construction is finished.
- Pulpit suppliers during Annual Conference period & Pastor Maria's 1 week vacation (Jun. 16-22) June 11- Maria has asked Tina Cruse to do this date, Art Finnigan will do June 18. Pastor will be at Annual Conference from June 9-11 and on vacation June 16-22.
- Discussed the upcoming Lay Servant Ministry Trainings.



Going Above and Beyond as Stewards of CUMC



Food Pantry Giving

We collected 5 items for our May collection. Thank you to everyone who brought something in! For the month of June we are collecting cereal. Distribution will be on Thursday, June 15.

June Missional Giving

Mission money collected this month will go to Missionary Paul Webster. Paul is a Wisconsin native whose ministry as a rural economic development specialist at Mujila Falls serves the needs of poor, rural peoples.

If you would like to give to a different ministry, just write it on your envelope, but if you don't, it will go to this month's cause.



GLOBAL MINISTRIES
The United Methodist Church



Worship with Re-Awaken Band

Here is a great joy for the Centenary congregation. The Re-Awaken CUMC band will play for Sunday worship once a month, the next performance being June 4. They are looking for more people to join the band, so if you play an instrument or love to sing, they are looking for you! If you are interested or have questions, please contact Jeremiah Diedrich at 482-4608.



**CHURCH OPERATING EXPENSES DON'T
GET TO TAKE A SUMMER VACATION ...
PLEASE REMEMBER TO SUPPORT CUMC
WHILE YOU ENJOY YOUR SUMMER.**



AI Generosity

AI (Artificial Intelligence) has been all over the news lately as technology companies begin to break new ground with things like ChatGPT. The conversation usually centers around whether AI technology will be helpful (increasing productivity), harmful (taking people's jobs), or cataclysmic (leading to machines taking over the world).

Out of curiosity, I asked one of my social media apps that has AI to tell me a story about the impact of generosity. This was its response.

"Once there was a wealthy businessman who decided to donate a significant portion of his fortune to charity. He gave to several causes, including education, healthcare, and the arts. His donations enabled many people to access opportunities they would not have had otherwise.

One of the students who benefited from the businessman's donation was a young woman who had grown up in poverty. She was able to attend college and pursue her dream of becoming a doctor. After graduating, she went on to work in a rural clinic, where she helped many people who had limited access to healthcare. The young woman's work inspired others to follow in her footsteps, and soon the clinic became a hub for community development.

The businessman's generosity had a ripple effect that touched countless lives and transformed a whole community."

I (Jason, not the AI) thought that was a pretty good story. I will say, however, it is nowhere near as meaningful as stories I've heard people tell about how they were personally touched by someone's generosity or how being generous changed them. It's not just the story that's inspiring, but the personal, human element that is inspiring.

With that in mind, I'd encourage you to share stories of how your church's ministry either made a difference in your life or you have been impacted by the practice of generosity. It is through the telling and hearing real life stories that generosity spreads and lives are changed.

Rev. Jason Mahnke, Wisconsin United Methodist Foundation



Our Vision Statement

"Sharing God's love to change the world by making disciples of Jesus"

2023 Vision of CUMC: "Be a welcoming community for all, worshipping together at God's house"

(To have more than 50 at each service)

From Our Parish Nurse.....

JUNE IS ALZHEIMER'S & BRAIN AWARENESS MONTH

10 WAYS TO LOVE YOUR BRAIN CAN START NOW!

Growing evidence indicates that people can reduce their risk of cognitive decline by adopting key lifestyle habits. When possible, combine these habits to achieve maximum benefit for the brain and body:

1. **BREAK A SWEAT-** Engage in regular cardiovascular exercise that elevates heart rate and increases blood flow. Studies have found that physical activity reduces risk of cognitive decline.
2. **STUMP YOURSELF-** Challenge your mind. Build a piece of furniture. Play games that exercise the mind like bridge, crossword puzzles, or chess.
3. **BUTT OUT -** Smoking increases risk of cognitive decline. Chemicals in cigarette smoke cause the cells that line blood vessels to become swollen and inflamed. This can narrow the blood vessels and can lead to many vascular conditions. Quitting smoking can reduce risk to levels comparable to those who have not smoked.
4. **FOLLOW YOUR HEART-** Risk factors for cardiovascular disease and stroke – obesity, high blood pressure, high cholesterol, and diabetes – negatively impact your cognitive health.
5. **HEADS UP!-** Brain injury can raise risk of cognitive decline and dementia. Wear a seat belt and use a helmet when playing contact sports or riding a bike.
6. **BUDDY UP-** Staying socially engaged may support brain health. Find ways to be part of your local community or share activities with friends and family. Building social networks and participating in social activities are like exercises for your brain because they keep your mind agile and improve cognitive function.
7. **FUEL UP RIGHT-** Eat a balanced diet that is higher in vegetables and fruit to help reduce the risk of cognitive decline. Research shows that the best brain foods are the same ones that protect your heart and blood vessels, including the following: Green, leafy vegetables such as kale, spinach, collards, and broccoli are rich in brain-healthy nutrients like vitamin K, lutein, folate, and beta carotene. Most fruits contain a lot of vitamin C, a key nutrient that provides a layer of protection to many organs in the body, especially the brain.



8. TAKE CARE OF YOUR MENTAL HEALTH- Some studies link mental health issues like depression with cognitive decline, so seek treatment if you have depression, anxiety or stress.
9. CATCH SOME ZZZ'S- Not getting enough sleep may result in problems with memory and thinking.
10. HIT THE BOOKS- Studies show that education will help reduce risk of cognitive decline and dementia. Take a class at a local college, community center or even online.

It's never too late or too early to incorporate healthy habits!

References:

Alzheimer's Association- https://www.alz.org/alzheimer_s_dementia

American Hospital Association- <https://www.aha.org>

This page is provided by our
Parish Nurse for Centenary UMC:

Marlene Burgos-Stewart,
MSN, RN, WCC, PN 608-293-1193

Please feel free to call her with any
health questions you might have.

WI UMC Summer Camp Scholarships

The Wisconsin conference offers a variety of summer camps for children, youth, and families. Some are week-long; some are just for a weekend. All camps are led by trained staff and held at both Pine Lake and Lake Lucerne in central Wisconsin.

Centenary has a scholarship fund available! If your child or family would like to attend a camp but the cost is an issue, please talk to someone in the church office...don't miss this great opportunity!

To see the camps available or get more information, check out the Summer Camp 2023 catalog on the table outside the office or wiumcamps.org.



Faith ✦ *Hope* ✦ *Love*



1 Zach Woodworth	22 Nathan Russell
2 Jalaena Starr	22 Annalynne Searles
3 Linda Leitzinger	23 Albert Mysliwiec
5 Penny Tregloan	23 Jennifer Russell
8 Denise Leitzinger	23 Danica Diedrich
10 Caylyn Walker	24 Mack Gratz
12 Terry Reuter	24 Madison Russell
15 Hudson Poppy	25 Tina Cruse
16 Dan Dillon	27 Michael Stewart
18 Carrie Schaar	28 Braxton Upmann
18 Taylor Russell	29 Susan Weiskircher
22 Kim Brown	30 Scott Wilson



8 Randy & Julie Gill
8 Pete & Lindsey Poppy
9 Gary & Susan Weiskircher
18 John & Charla Walker
19 Robert & Debbie Unbehaun
30 Nathan & Jennifer Russell

Worship service is recorded every Sunday and posted on the church Facebook page. The Tech Team is in charge of recording & posting, if you would like to be part of the team, please let Team Leader Jeremiah Diedrich know.



June Lectionary

June 4

Trinity Sunday

Genesis 1:1-2;4a

Psalm 8

2 Corinthians 13:11-13

Matthew 28:16-20

June 11

2nd Sunday after Pentecost

Genesis 12:1-9

Psalm 33:1-12

Romans 4:13-25

Matthew 9:9-13, 18-26

June 18

3rd Sunday after Pentecost

Father's Day

Genesis 18:1-15 (21:1-7)

Psalm 116:1-2, 12-19

Romans 5:1-8

Matthew 9:35-10:8, (9-23)

June 25

4th Sunday after Pentecost

Genesis 21:8-21

Psalm 86:1-10, 16-17

Romans 6:1b-11

Matthew 10:24-39

Scripture Readers

Opening Prayer Readers

**CHILDREN FOR OFFERING
HELPERS**

Your participation will make our worship more lively and active!

If you feel called to help with any of these, please contact the office.

JUNE 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3

4 Communion 10:30 Blended Worship w/ the Re-Awaken Band	5 10:00 Community Worship @ Lafayette Manor	6 10:00 Community Worship @ Lafayette Manor	7 Community Worship @ St. Dominic Villa	8 2:00 Community worship @ St. Dominic Villa	9 9:00 Men's Group mtg	10 9:00 Men's Group mtg
11 10:30 Blended Worship	12 Pastor Maria at Annual Conference (9-12)	13 10:00 Community Worship @ Shullsburg Home Noon-5:00 Blood Drive	14 9:30 Community Worship @ Willow Valley	15 3:30 Food Pantry	16 Pastor Maria at Vacation (16-22)	17 Pastor Maria at Annual Conference (9-12)
18 10:30 Blended Worship 11:30 Trustee mtg.	19 Pastor Maria at Vacation (16-22)	20 6:00 ALB mtg.	21 Pastor Maria at Vacation (16-22)	22 Pastor Maria at Vacation (16-22)	23 Pastor Maria at Vacation (16-22)	24 Pastor Maria at Vacation (16-22)
25 10:30 Blended Worship	26 Pastor Maria at Vacation (16-22)	27 Pastor Maria at Vacation (16-22)	28 1:45 Bingo @ Lafayette Manor	29 1:45 Bingo @ Lafayette Manor	30 Pastor Maria at Vacation (16-22)	31 Pastor Maria at Vacation (16-22)





The Chimes

Join us for Sunday
Morning Blended
worship

10:30 In-Person &
Recorded Service on
Facebook each
Sunday

Centenary United Methodist Church
226 West Church Street
P.O. Box 127
Shullsburg, WI 53586-0127

Address Service Requested

.....

Mark Your Calendars for Vacation Bible School

Let's go to the underground cave to be heroes!!!

Coming in August....we will be on the go with CUMC's VBS Hero Hotline!

"Called Together to Serve God"

When: July 31-August 4

**Watch Facebook and the July Newsletter for more
information.**

We are looking for volunteers, both adults and teens.



Sharing God's love to change the world by making disciples of Jesus Christ.
