



The Chimes

Centenary United Methodist Church



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Biker Blessing
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May
Wednesday
MENU

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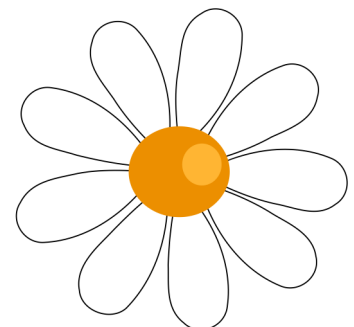
SUMMER Schedule

see back page

May 2019

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Greetings,

The study of Ethics fascinates me. In the past I've been privileged to teach college courses on Christian Sexual Ethics and Themes and Issue in Christian Ethics. The discussions in the classes were fascinating.

More than once in our class discussions the idea of the "circle of unintended consequences" has arisen. For those of you who might be unfamiliar with this concept, the basic idea is that everything that we do in life produces consequences – some of which we foresee and others that are unforeseen. The unforeseen consequences are the aforementioned "unintended consequences."

The best physical illustration that I can share is tossing a rock into a still pond. From the point of impact with the water, waves move outward in a circle until they encounter something that breaks them (like the shore) or dissipate because they are so far removed from the source. In our lives we often encounter these "ripples" of consequence. We might be able to predict with relative certainty the first few ripples close to the decision but often times we fail to predict (or simply have no way of knowing) what those broader ripples become as they move away from our decision or action. Hence the "circle of unintended consequences."

Life would be so much simpler if we could just know all the consequences before we decide things and/or act. Sadly, we all know this isn't the case. Take hope in knowing that we have a God of grace and love who will help us through the "unintended consequences."

Until Next Time,

Pastor Stanton

May Worship

May 5

Guest Speaker

Wednesday, May 8

Handmade

Acts 9:1-6

May 12 & 15

Lions or Tigers or Bears?

Acts 9:36-43

May 19 & 22

Rabbits or Disciples?

Acts 11:1-18

May 26 & 29

**The Peace of Christ
in a World of Chaos**

Acts 16:9-15

Centenary UMC at a Glance

April Statistics

Total Offering:		Attendance:		Weekly
(regular offering, not earmarks)		(Sat 7, Sun 9 & 10:30, Wed 6:30)		Totals
April 6, 7 & 10	\$1,911	April 6, 7 & 10	15, 15, 27, 10	67
April 13, 14 & 17	2,510	April 13, 14, 17	17, 46, NS	63
April 18, 19, 20, 21	2,423	April 18, 19, 20, 21	10, 17, 14, 60, 15	116
April 27, 28 & May 1	n/a	April 27, 28, & May 1	9, 11, 37, NA	n/a

Upcoming Events



Biker Blessing

Sunday, June 2

following Sunday 9:30 a.m. Blended Service

Drive up to the main entrance on Monroe St. (by the park), and Pastor Stanton will anoint your bike with oil and pray for protection for you and your bike this summer.



Confirmation Class will not meet in May and will resume in September.

Confirmation Service for students who started with Pastor Jeff will be Sunday, May 19 during the 9:00 a.m. service.

Mark Your Calendars for Vacation Bible School To Mars and Beyond!!!

Coming in July....we will blast off with the First Vacation Bible School to land on Mars!

Dates: July 22-26, 2019

Time: Monday - Friday, 9 a.m. - noon

Where: Centenary United Methodist Church

Who: ALL children in our area age 4 to 5th grade

Cost: It's FREE!!!!

*** * * * * This is an Ecumenical event! * * * * ***



We will need volunteers again this year. Anyone going into 6th grade and up is invited to help. *High school students: remember this is great for volunteer hours...* I would be happy to write recommendation letters for scholarships. We will need adults as well. There will be meetings in June and July to prepare. I would love those that want to help the week of VBS to come to those meetings so I can get input and suggestions from others and so everyone knows what we are doing for the week. Please watch the newsletter in June for the meeting dates.

The week goes smoothly when we have awesome volunteers! If you want to help but can't make any meetings, please let Sadie (608-498-7586) or me (608-482-3993) know. Let's make it another awesome adventure!

Blessings, Cherie Vehling

★ SATURDAY, JUNE 1, 2019 ★

▶ DOWNTOWN SHULLSBURG, WI • 4 P.M.-? ◀

3rd Annual
Cruisin' *ALL MAKES & MODELS Welcome*
SHULLSBURG

MUSIC FOOD DOOR PRIZES 50/50 RAFFLE NO ENTRY FEE

Trophies Awarded to
 People's Choice • The Mayor's Favorite • The Fire Chief's Favorite
 The Librarian's Favorite
Trophies will be awarded at 6:30 p.m.
Dash plaques to the first 100 entries



Pre-Registration is open

E-mail Jafrank23@hotmail.com
 Call or text 815.266.9167 or 608.553.3757
 Facebook message "Cruisin Shullsburg"

Event sponsored by Advance Shullsburg Inc., a non-profit group looking to better our city.

Check us out on our facebook page, "Cruisin Shullsburg". Rain date Sunday, June 2 at 1 p.m.

Church Council Meeting

March 11, 2019

Minutes

Present: Pastor Stanton, Tina Cruse, Jamie Roberts, Tara Teasdale, Jon Gobrecht, Mike Cherry, Dawn Gobrecht, Becky Upmann.

Agenda:

Opening Prayer: Stanton led us in prayer and read a devotional prayer.

Church Council Chair Report: nothing new to report

Pastor Report:

- Leroy Geyer Endowment Ministry Funds- Stanton brought proposed idea for the trustees and council to look at and see if it works for the endowment ministry funds. Everyone was to take a look and bring back ideas or changes.

Secretary's Minutes: Motion made by Jamie Roberts to approve the, Second by Jon Gobrecht. Minutes were approved with corrections.

Committee Reports:

Nurture (Now includes the following committees: TLC, Christian Education, Youth Group, Retired & Re-fired Group, Fellowship Group)

Sunday School- They will perform on the Palm Sunday. They are still learning ukulele. They will be doing a fundraiser for the Ronald McDonald house in Madison.

Youth Group- Going well they are averaging 4-6 a week.

Retired & Re-fired Group- They met today. They will meet April 8. They are delivering their Upper Rooms.

Outreach-

Food pantry – going well

College & Military Ministry- They will send cards out again in the Spring.

Wednesday night ministry- They are doing well. Dawn went over the past 3 months like asked. Motion made by Jamie second by Tina to approve giving Wednesday Night \$1000 to use for the ministry from the Trustee Endowment Ministry Fund. All Aye. Motion Approved. Dawn will bring back information again.

Trustees-

- They have not had a meeting.
- They are working with an electrician to do the exit signs and outlets in the Food Pantry area.
- They have hired a handyman to do work at the parsonage.

SPRC- nothing new

Memorial: no one to report

Finance Report:

- Will continue to Send 10% of tithing to Apportionment.
- Went over bank statements, reports and finances.
- Discussed stewardship retreat in August. Discussed Pastor Stanton going to Bishop Clergy Day.

Additional Reports-

Next Meeting April 8 @ 7pm.

Submitted by: Becky Upmann

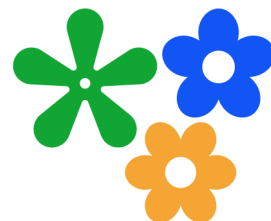
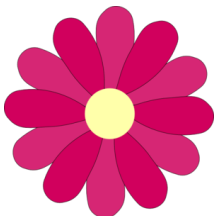
Meetings and News

May Administrative Meetings

Monday, May 13

6:00 – Finance

7:00 – Church Council



Youth Group News

Calling all youth grades 6-12! Youth group meets **EVERY SUNDAY!** Bring your friends, and we'll see you there! **Please watch our Facebook page for updates on cancellations.**

For the months of June, July, & August we will meet once a month — watch the newsletter and Facebook for updates.

May 5: 6:00 at church

May 12: 6:00 at church

May 19: 6:00 at church – last weekly meeting

May 26: No Youth Group

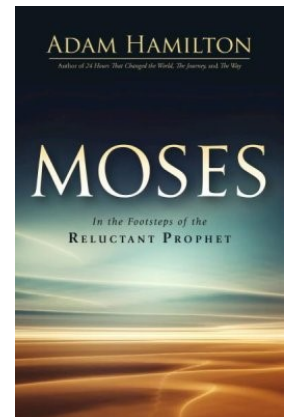
Youth Group Leaders & Volunteers



Wednesday Evening Adult Faith Study

6:00-7:00 p.m. in the Serenity Room

Learn about and retrace the life of Moses - from his rescue as a baby to the courts of Pharaoh, his Exodus out of Egypt to his gazing on the Promised Land. We'll see the actual places where he walked.



Sunday School News

Sunday school children had a busy April. They collected items for the Ronald McDonald house in Madison and finished their pop tab collection, too.

The children did a great job at our first ukulele performance on Palm Sunday. And on Easter Sunday, the congregation joined them for a handbell performance.

On April 28 they went to the Shullsburg Home and Willow Valley for residents to enjoy a musical performance.

The last day of Sunday School will be May 12, and awards will be given at 10:30 a.m. service.

Hope to see you there!

Tara Teasdale, Sunday School Coordinator



Open Hearts Open Minds Open Doors
We are the people of the United Methodist Church!

Wednesday Night Dinner & Worship

The last Wednesday Night Dinner until fall will be May 15.

Also for the summer, Wednesday worship service will be back upstairs.

If you are not free for worshipping at CUMC on Saturday or Sunday, would you consider Wednesday night? If you are out of town for the weekend or have sporting events or other obligations, Wednesday worship provides an excellent opportunity to make sure that you have a time to grow closer to God and to each other in worship.

Wednesday Night Ministry Team



May MENU

May 1 Casseroles: Tuna & Chicken Pasta, Salad
Milk, Lemonade, & Water
Kids' menu: Chicken nuggets

Prepared by Dawn Gobrecht

May 8 Breakfast: Pancakes, Eggs, & Sausage
Milk, Lemonade, & Water

Prepared by Dawn Gobrecht

May 15 LAST DAY– CHEF'S CHOICE
Milk, Lemonade, & Water

Prepared by Dawn Gobrecht

Meals Subject to Change

Retired & Re-Fired Small Group

It's good to be back on our regular schedule of meeting the second and fourth Mondays.

Our group is enjoying our discussions of "A Shepherd Looks at Psalm 23". We are constantly surprised by the wayward sheep in the flock and how we are like them.

Again this year we will participate in the "In-Gathering" at conference. We will put together kits for men, women and children that are in crisis situations. The kits will be taken to conference and distributed by the United Methodist Conference. Thanks to Mary Gensler for leadership of this project.

If you are retired or semi-retired, we hope you can join us in 2019.

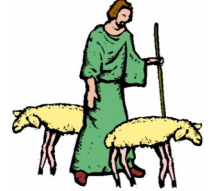
This month's meetings:

Monday, May 13 — Celebration of our birthdays and anniversaries. Lunch will be provided.

Monday, May 27 — NO MEETING due to Memorial Day

Betty Gleason, Retired & Re-Fired Small Group Leader

We're all Part of His Flock



The Retired & Re-Fired Group
Centenary United Methodist Church

Fellowship Group News

We had a very successful Easter breakfast on Easter Sunday morning. Thank you to all who attended and who brought egg bakes, rolls, fruit, yogurt, etc. A special thank you to Steve Gierke for cooking scrambled eggs & french toast. Also a big thank you also for all who helped clean up after. It was a blessing!

We served the funeral luncheon for Deb & Gordon Patrow on Saturday, April 27. Thank you to all who brought food, served and helped clean up. Our deepest sympathy to their family. Please keep them in your thoughts and prayers.

Happy Spring to all! God bless!

Pam Harker

*The people you love need the transforming grace that only Jesus Christ can bring.
Invite the people you love to Jesus!*

Going Above and Beyond as Stewards of CUMC

Food Pantry Giving

We collected 35 items for our April collection. Thank you to everyone who brought something in!

For the month of May we are collecting **Canned Tuna**. Distribution will be on Thursday, May 16.



May Missional Giving

Mission money collected this month will go to **Wisconsin Conference Hospitality Kits**. The money collected will be used to make kits to take to Annual Conference in June. Then they will be shared by Harbor House Crisis Shelters in Superior and Northcott Neighborhood House, a United Methodist Children's Services and Solomon Outreach in Milwaukee. If you would like to give to a different ministry, just write it on your envelope, but if you don't, it will go to this month's cause.



Sunday Coffee Fellowship



If you are willing to bring snacks for fellowship between the two Sunday services, and following the 10:30 service, please sign up on the sheet in the back of the sanctuary or contact the church office at 965-3455. A fund has been established to help defray the costs—just let the office know if you need to access these funds.

A Note on Borrowing Church Furniture

As garage sale and graduation party season approaches, many people ask to use tables and chairs for their events. If you are thinking about using them, please contact the church office to discuss costs, check the church calendar for availability, and make the necessary arrangements.

From Our Parish Nurse.....

May is National Stroke Awareness Month

In May alone, some 65,000 Americans will experience a stroke with many unaware that they were even at risk. Less than a third will arrive in the emergency room within three hours which is the optimal time period for better outcomes.

May marks National Stroke Awareness Month, and this year the National Stroke Association is turning the spotlight on the 10 modifiable risk factors that account for 90% of strokes globally. Hypertension remains the single most important modifiable risk factor, accounting for nearly 48% of strokes. With 8 in 10 people experiencing their first stroke having hypertension, getting your blood pressure checked is an important first step in controlling your stroke risk.

Research has shown that unhealthy behaviors such as physical inactivity, poor diet, and smoking have an adverse effect on health and increase your stroke risk. For example, smokers have an increased risk of stroke, up to two to four times, compared to a nonsmoker or those that have quit for longer than 10 years.

During National Stroke Awareness Month, the National Stroke Association is urging the public to look at their stroke risk factors, and pledge to make at least one change to reduce their stroke risk.

Here's how much stroke risk would be reduced if each were eliminated:

- Hypertension 47.9%
- Physical inactivity 35.8%
- Lipids (blood fats) 26.8%
- Poor diet 23.2%
- Obesity 18.6%
- Smoking 12.4%
- Heart causes 9.1%
- Alcohol intake 5.8%
- Stress 5.8%
- Diabetes 3.9%

Beyond reducing your risk for stroke, knowing the signs and symptoms of a stroke are equally important. Every 40 seconds someone in the U.S. has a stroke and around 800,000 people will have a stroke in the United States this year alone.

Learning how to recognize a stroke is just as important as reducing your risk factors. We know that recognition of stroke symptoms leads to receiving medical attention faster, which results in better outcomes.

According to the National Stroke Association, a person experiencing a stroke can be treated if people have acted **FAST** - 80% of strokes can also be prevented.

FAST is an acronym for things to check in a suspected stroke victim:

F - Face - Does the face droop on one side when the person smiles?

A - Arm - After raising both arms, does one of the arms drift downwards?

S - Speech -After repeating a simple phrase, does the person's speech sound slurred or strange?

T - Time - If any or all of the above are observed call for 9-1-1 and ask for medical assistance.

Sadly, fewer than half of 9-1-1 calls for stroke are made within one hour of symptom onset and fewer than half of callers correctly identify stroke as the reason for their call.

A common misconception is that strokes occur only in older adults. Although, your stroke risk increases with age, a stroke can happen to anyone at any time. About 15% of ischemic strokes occur in young adults and adolescents.

The need for public awareness surrounding stroke prevention and awareness has never been greater. Despite being a leading cause of adult long-term disability, and the fifth leading cause of death, less than one in five Americans can correctly classify all five stroke symptoms. The time to take action is now. This May, during National Stroke Awareness month, get to know your stroke risk factors and learn to better identify the signs and symptoms of stroke. The life you save just might be your own.

References:

www.stroke.org

www.mindyourrisks.nih.gov

www.mayoclinic.org

This page is provided by our Parish Nurse for Centenary UMC:

Marlene Stewart, RN, BSN, PN, WCC
(608) 293-1193

Please feel free to call her with any health questions you might have.



May Birthdays

1 Gavin Ubersox	11 Don Greenley	22 Pearl Wurtzbacher
1 Elliott Searles	12 Shaun Hoey	23 Reid Gill
1 Garrett Ray	13 Steve Cole	23 Todd Strang
2 Levi Busch	14 Riley Gobrecht	23 Ryan Teasdale
2 Jasmine Hawk	14 Lucas Adams	23 Chris Teutschmann
3 Bernadine Salathe	14 Mackenzie Milestone	24 Bronson Ubersox
3 Elizabeth Martin	16 Justin Ahlstrom	25 Levi Curran
4 Jackie Heinberg	16 Dan Busch	25 Heather Ortiz
4 Natalie Searles	17 Brittany Foley	25 Kay Shepard
5 Dan Morrissey	17 Camden Schwartz	26 Elizabeth Farrey
5 Trista Starr	17 Lorri McGranahan	26 Amy Mullikin
6 Jaidyn Strang	19 Becky Upmann	27 Kayla Jacobson
7 Emily Gratz	19 Caleb Arteaga	28 Shirley Coy
7 Onnalyse Lyne	19 Helen Edge	29 Matt Harker
7 Rick McDermott	20 Rachel Smith	29 Ruth Ann Teutschmann
9 Susan Morrissey	21 Serenity Diedrich	29 LeAnn Wurtzbacher
10 Nevaeh Cockrell		31 Jason Unbehaun



**HAPPY
ANNIVERSARY**

2 Stanton & Gail Bockwoldt	9 John & Pam Harker
11 Eugene & Cherie Uehling	25 Greg & Brenda Mullikin
26 Tim & Rita Crotty	26 Lois & Art Finnigan
31 Larry & Ruth Cherrey	



May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>Special thanks to all the wonderful volunteers that help prepare the mailing of the newsletters each month.</div>						
5 9:00 Hymn Worship 9:15 Kids' Sunday School 10:30 Praise Worship 6:00 Youth Group	6 .	7 Pastor Stanton's Day Off	8 9:00 Bible Study w/Pastor Stanton 5:30 Wednesday Night Dinner 6:00 Praise Worship 6:00 Adult Bible Study	9 10 7:00 Lay-Led Worship	10 11 7:00 Lay-Led Worship	12 4 7:00 Lay-Led Worship
12 9:00 Hymn Worship 9:15 Last Day of Sunday School 10:30 Praise Worship & Sunday School Perf. & Awards 6:00 Youth Group	13 Noon Retired & Re-Fired 6:00 Finance Committee mtg. 7:00 Church Council mtg	14 Pastor Stanton's Day Off	15 9:00 Bible Study w/Pastor Stanton 5:30 Last Dinner for Summer 6:00 Praise Worship 6:00 Adult Bible Study	16 4:30 Food Pantry	17 18 7:00 Lay-Led Worship	Friday-Sunday Women's Retreat @ Pine Lake
19 9:00 Hymn Worship & Confirmation Service 10:30 Praise Worship 6:00 Youth Group	20 .	21 TBD Gingerbread Graduation Pastor Stanton's Day Off	22 9:00 Bible Study w/Pastor Stanton 6:00 Praise Worship 6:00 Adult Bible Study	23 24 7:00 Casual Worship	25	
26 9:30 Blended Worship Service	27 .	28 Pastor Stanton's Day Off	29 9:00 Bible Study w/Pastor Stanton 6:00 Praise Worship 6:00 Adult Bible Study	30 31	31	



The Chimes

Saturday Evening Lay-Led
Worship Service at 7:00

Sunday Morning Hymn
Worship Service at 9:00

Sunday Morning Praise
Worship Service at 10:30

Wednesday Night Praise
Worship Service at 6:00

Centenary United Methodist Church
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Centenary UMC's SUMMER Schedule

**** Memorial Day weekend — Labor Day weekend (May 26 — Sept. 1) ****

Saturday Night Worship — 7:00 p.m.

Single Sunday Worship — 9:30 a.m. (blend of hymns & contemporary music)

Wednesday Morning Bible Study — 9:00 a.m. — Serenity Room

Wednesday Night Worship (no meals) — 6:00 p.m. — Sanctuary

Vacation Bible School — July 22-26 — 9:00 a.m.-noon

A Vision For Our Church

"Centenary UMC will continue to be THE place to be for weekend worship. People will often drive by this church and think, 'That place is packed: I wonder what I'm missing?' Through our church culture and worship atmosphere we will provide the spiritual spark for people to see God in their daily lives and grow in their understanding, ministry and faithful relationship with Him."