



The Chimes



Centenary United Methodist Church



see page 4

50

ATTENDANCE CHALLENGE

see page 6

May 2023



see page 9



Community Worship

see back page



Our Vision Statement

"Sharing God's love to change the world by making disciples of Jesus"

2023 Vision of CUMC: "Be a welcoming community for all, worshiping together at God's house"

(To have more than 50 at each service)

Pastor's Message	2	Retired & Re-Fired Group	5	May Mission	10
Interview Challenge	2	Ingathering Kits	5	Coffee Fellowship	10
Home Visits	2	50 Attendance Challenge	6	Re-Awaken CUMC Band	10
Wednesday Book Study	3	Palm Sunday & Easter Pictures	7	Foundation News	11
Confirmation Class	3	Teacher & Staff Appreciation	7	Parish Nurse News	12-13
Sunday School Class for Kids	3	Youth Group News	8	May Birthdays & Anniversaries	14
Wednesday Fun Nights	3	Intercessory Prayer Team	8	May Lectionary	14
Men's Group/Trustee News	3	Infant Baptism	8	May Calendar	15
Fellowship Group	4	ALB meeting Highlights	9	Worship Recording	15
Trustees Group	4	Food Pantry	10	Community Worship	Back

Greetings from the Pastor

Our Lord is risen!

The First Easter changed the lives of all humanity as well as disciples. Have you met your risen Lord? That encounter must have changed your lives as well. Over about 2000 years since the first Easter, the Holy Spirit has continued His work of planting new dreams in the minds and souls of people who believed Jesus was risen for themselves and for people of all the world.

What kind of dream do you have? What kind of vision is in your life? How about your vision for the church? God promised to plant dreams in our hearts and through the Holy Spirit, God will help us accomplish the dreams planted in us. With the resurrection of Jesus, disciples came to have dreams. So they joined together and prayed constantly.

When the disciples' dream and the power of the Holy Spirit were combined, the outcome was the creation of the church and the beginning of the mission for all the world. Centenary UMC was founded and has been in ministry as part of this big dream and mission.

Also, your individual dreams are important to God because they are part of the big vision of the church. Perhaps, our outward environments mission wise do not look as rosy as we wish. So were the disciples when they were left alone after Jesus ascended to heaven. Nevertheless, when they reached the source of power, the Holy Spirit, a new path opened. Therefore, people of Easter, let us gather at church, worship God, and pray together. Have a dream for your life and for the church. God is more than ready to pour out the Holy Spirit on us and on our dreams.

Easter Blessings,

Pastor Maria



Pastor Maria is continuing the "Centenary Interview Challenge." After you have an interview with Pastor Maria, you are asked to nominate someone for the next interview. We are hoping that she is able to get everyone to do the challenge. This is a great way for her to get to know everyone.

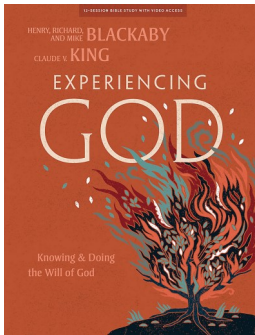


TO LOVE YOU MORE...

It is the job of the pastor, leaders, and whole congregation to care for the body of the church. We are called to love as Jesus loved. The church doesn't always know when you are hurt, having surgery, going through a tough time, or in the hospital. **If you would like Pastor Maria to visit you or a family member**, please call the church office or her cell directly at (253) 886-6015 to set up a time!

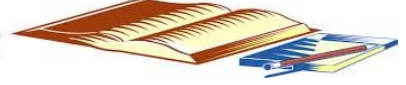
Upcoming Events

Wednesday Evening Adult Book Study
6:00 - 7:00 p.m.



Led by Art Finnigan
We have started a new book study.
Last night for the summer will be May 17. We will resume in September.

Confirmation Class



ATTENTION: PARENTS OF CHILDREN 12-17 years old:
Pastor Maria will be resuming Confirmation Class in the Fall. If your child is interested in doing confirmation, please contact Pastor Maria or the church office.


Children's Ministry

Every Sunday Morning
from 10:30 a.m. - End of Service

Class will be open every Sunday from 10:30 a.m. until end of service. All children (toddler – 5th grader) are welcome!. (led & taught by Pam Harker).

Last day for the summer will be Wednesday, May 21. We will resume in September.

 Join Us for
WEDNESDAY FUN NIGHT

Every Wednesday night
from 6:00 - 7:00 p.m.

Wednesday nights: All ages are welcome to join for a meal and fellowship at 6pm in the basement of the church, with a lesson/activities from 6:30-7:00 p.m. Bring your friends, too!

Last day for the summer will be Wednesday, May 3. We will resume in September.

Men's Group/Trustee Meeting

There will be a Men's Group meeting on Saturday May 13, 2023. The hope is to get the Men's Group back up and running. All men are welcome to come.

During this meeting there will be a Trustees update and if you are interested in joining the trustees now would be the time.

Art Finnigan, Jamie Roberts & Jeremiah Diedrich

Meetings and News

Fellowship Group News

Happy May Day!!

We have been very busy in April. We served the family of Lezlie Blum during her celebration of life on March 26. Thank you to everyone who helped with set-up, served, and brought food. The family was very appreciative and has wanted to make sure everyone knew how thankful they were.

We also served Easter Brunch on Easter Sunday. Thank you to all who helped set up, brought food, and helped clean up! We had very delicious egg bakes, quiches, french toast bake, quick breads, cinnamon rolls, muffins, and fruit items brought. We enjoyed our fellowship together on this holy day.

Mark your calendar to come and donate blood at CUMC on Tuesday, June 13 from noon until 5:00 p.m. Come make a donation to this important blood drive to help lots of people who might need to have blood or a transfusion! To make your appointment to donate blood, go to redcross.org, enter your zip code next to "Make an Appointment", then choose a time at the blood drive that works for you.

God Bless and Happy Spring!

Pam Harker, Fellowship Chair



Trustees News

Now that the downstairs bathrooms are finished and looking beautiful, the Trustees are starting the next project to make the church even more beautiful and accessible: remodeling the upstairs men's bathroom. The existing one is just too small and without ventilation. We will be converting part of the classroom next to the women's bathroom into a new men's bathroom, then enlarging the remaining classroom.

After this is done we will be making the old men's room into a janitor closet. We all know we need one of those.

In order to do all of these projects we have had to take money from our investments...if you feel called to donate toward the bathroom renovation, we would greatly appreciate it. We'd like to make the church as accessible as possible without depleting all of our investment funds.

Jamie Roberts, Trustees Chair

Retired & Re-Fired Small Group

We're all Part of His Flock



What fun it was to celebrate our teachers and staff members last Sunday! Our church has been blessed by the contributions of these awesome people! Let them know you appreciate the many ways they help serve our congregation and further our mission to make new disciples for Jesus Christ!

At our next meeting on May 8, we will finish our current Bible study and do a little planning for the future as we share lunch. We will also assemble items to make as many "personal comfort kits" as possible to deliver to the Wisconsin Annual Conference coming up in June. Our goal is to make at least 25 kits. Please help us reach or exceed our goal by dropping your donation marked "comfort kits" into the collection plate, in the outside drop box or by mailing it to the church office. Thank you very much!

Please read week 6 of our book to prepare for our study. Coffee, tea, sandwiches, and dessert will be provided.

May God bless you and guide you until we meet again!

Mary Gensler, Retired & Re-Fired Small Group Leader



INGATHERING MISSION KIT SUPPLY LISTS

Ingathering Mission Kits

Personal Dignity Kit

- 1 Bath Hand Towel (no kitchen towels)
- 1 Bath Washcloth (no dishcloths)
- 1 Adult Toothbrush (no multipacks)
- 1 Bar Soap (3-4 oz.)
- 1 Shampoo (15-18 oz., secure lid with tape)
- 1 Deodorant (2-3 oz. stick, roll on, or pump)
- \$2 donation for toothpaste and razor

Place items in a 1-gallon resealable plastic bag .

Home Care Kit

- 2 Liquid Household Cleaners (16-40 oz., no spray bottles)
- 2 Dish Soaps (16 - 34 oz.)
- 2 Liquid Laundry Detergents (32-64 oz.)
- 1 scrub brush with or without handle

Place items into a 5-gallon bucket with a resealable cover.

For videos on packing the kits, go to
www.midwestmission.org/kits-projects-patterns/midwest-mission-kits.

50 Attendance Challenge

We started the year 2023 with a vision of “Be a welcoming community for all, worshipping together at God’s house” set by our church leadership board (ALB: Accountable Leadership Board). This vision came up as ALB discerned, prayed, and discussed how we can implement the Mission Statement of UMC “Make Disciples of Jesus Christ for the transformation of the world” in our life setting of today.

In line with our 2023 vision, ALB set “to have more than 50 at each service” as a strategic goal. It was not too long ago when the Centenary congregation had two times of worship services with worshippers around 100. As we went through the Covid pandemic, we found ourselves a little estranged from church & worship life as a community, while we so missed in-person worship and gatherings.

“50 Attendance Challenge” came along in this background as we prepared for 2023 Easter.

- Our “50 Attendance Challenge” was sending cards out to our friends and family members inviting them to join us for our Sunday Easter Service.
- Going over 50 itself was not our real goal. Making our congregation a more welcoming and inviting community was our real goal.
- We were encouraged to invite our loved ones and friends to our Easter Breakfast & Worship on Apr. 9. Free invitation cards were available at our church information desk.
- Fellowship group stepped up to resume Easter Breakfast before Easter Sunday worship.
- Leaders were encouraged to draw up a list of names of persons whom they were planning to invite and share with Pastor Maria. Pastor Maria sent them invitation cards to them as well.
- On Palm Passion Sunday, Sunday School children and teachers were part of worship. They led an opening song as children entered the sanctuary with waving palms to commemorate Jesus’ entry into Jerusalem.
- On Easter Sunday, we had 48 guests, friends, and family members being part of a family of faith and worshipped our risen Lord together. Special thanks to church leaders and all who worked together to make our Easter service welcoming and inspiring: the Fellowship Group (Chair: Pam Harker) and ladies for wonderful Easter breakfast, Sunday School (Superintendent: Danica Diedrich, Sunday Class: Pam Harker), Adult Choir (Leader: Jeremiah Diedrich), the Re-Awaken Band (Co-leaders: Rodney Stewart & Jeremiah Diedrich), and all of us who were there!

We will keep **reconnecting with you, inviting you and welcome you** as we work toward the goal of “50 Attendance Challenge” and will appreciate your joining us in this challenge!

*Palm Sunday Worship**Easter morning breakfast servers**Easter Sunday Adult Choir & Band*

Teacher & Staff Appreciation Sunday

We celebrated Teacher & Staff Appreciation Day during worship on April 23. Children and youth members presented a flower to each of them and had fellowship time following worship, eating cake specially designed for them. Teachers and Staff members, we are so blessed to have you and do appreciate all you do for our church and God's kingdom. Teachers: Danica Diedrich, Jeremiah Diedrich, Amy Mullikin, Jamie Roberts, Pam Harker, Tara Teasdale, Art Finnigan. Staff: Becky Upmann, Becky Mootz, Georgia Bass, Garrison Wright, Tina Cruse. Special thanks to Pam Harker and Mary Gensler for beautiful flowers and cake.



Youth Group

All 6th-12th graders are welcome to come to youth group. We have a little discussion, fellowship, and have fun playing games together.

This month's meetings:

May 7 @ 6:30 in the Fellowship Hall

May 21 @ 6:30 in the Fellowship Hall– **This will be our last day for the summer. We will resume in September.**



Youth Group Leaders,

Amy Mullikin, Jamie Roberts, & Danica Diedrich

Our intercessory prayer group is going well! We welcome Sandy Russell to our prayer team and would love to have others join too! Intercessory prayer is powerful!!! It's simple to join, just send your email address to Pam Teasdale at pamteas@yousq.net!

When we pray, God listens and works for us! The Lord is near to all who call on him, to all who call on him in truth (Psalms 145:18).

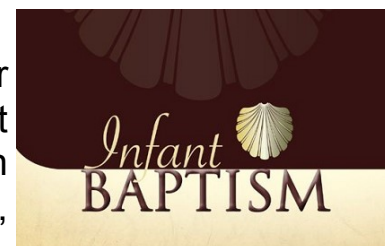
As children of God, we are connected through our prayers for each other in Christ. Feel free to submit as many prayer requests as you like!

Thank you to the Team: Leader Pam Teasdale, Kerry Coppes, Linda Dillon, Lois Finnigan, Mary Gensler, Therese Gratz, Amy Mullikin, Marlene Stewart, Sharon Teutschmann, Cherie Uehling, Sandy Russell, Becky Upmann, & Pastor Maria Kim for their dedication to the weekly prayers.

Infant Baptism

Adult baptisms are typically part of becoming a member of the church. At Centenary UMC, we also celebrate the Sacrament of Baptism for infants and children. When an infant or child is baptized, the congregation commits itself to nurturing the child in faith. In turn the parents or guardians of the child declare their promise to be an active part of the church community.

A baptism application must be submitted five to six weeks prior to the Sunday your child will be baptized, and the parent(s) must attend a Baptism Commitment Class (one time). An application is available at the church office. For more details or questions, please, contact pastor Maria.



Accountable Leadership Board Meeting

Highlights

April 11 meeting:

Business/Ministry Reports

- Update on how we are doing Financially- Review and discuss Financial Reports

Motion made by Pam Harker seconded by Jamie Roberts to approve the financial reports as is. All in favor. Motion approved.

- Apportionments: 15% tithe to apportionments for Conference, plus designated apportionment giving.
 - Motion made by Mary Gensler seconded by Jamie Roberts to approve sending \$1500 for March. All in favor. Motion approved.
- Compassion Sunday (presented by Jeremiah) on May 7
 - Jeremiah Diedrich would like to present information on Compassion. There will be videos and pamphlets to hand out.
- Church usage application form will go to the Trustee team for review.
 - There is a binder outside the office with the forms in it now. They will be turned in and Becky will email them to Trustees to review and then let the person know if they were approved.
- Meeting Minutes- Review and Approve
 - Motion made by Jeremiah Diedrich seconded by Sharon Teutschmann to approve the minutes as presented. All in favor. Minutes approved.
- Trustees-
 - Fellowship Hall Bathroom Project
It is complete. Looks great.
 - Upstairs Men's Bathroom Project
Was discussed to in addition to doing the Men's bathroom upstairs that we would take out the wall between classrooms and make it one big room.
 - Trustee/men's meeting May 6th-
The Men's group will be meeting to get restarted in having meetings. During this time, they will have a trustees update meeting.
- Planning for Summer Bible School?
We will need some people to take this over. It is usually July 31-Aug 4 but can be changed if needed. There was talk about maybe doing together with the Catholic church.
- Music/Band
Jeremiah stated that it was going well. They are looking for more people to join. They will play on May 7th with 2 songs and hopefully do a Adult Choir date in may as well.
- Pulpit suppliers during Annual Conference period & Pastor Maria's 1 week vacation (Jun. 16-22) June 11- Maria has asked Tina Cruse to do this date, Art Finnigan will do June 18. Pastor will be at Annual Conference from June 9-11 and on vacation June 16-22.

Going Above and Beyond as Stewards of CUMC



Food Pantry Giving

We collected 5 items for our April collection. Thank you to everyone who brought something in! For the month of May we are collecting canned meals. Distribution will be on Thursday, May 18.

May Missional Giving

Mission money collected this month will go to **Wisconsin Conference Hospitality Kits**. The money collected will be used to make kits to take to Annual Conference in June. Then they will be shared by Harbor House Crisis Shelters in Superior and Northcott Neighborhood House, a United Methodist Children's Services and Solomon Outreach in Milwaukee. If you would like to give to a different ministry, just write it on your envelope, but if you don't, it will go to this month's cause.



Join us on Sunday mornings before Worship for Coffee and Fellowship. Coffee, tea, and milk along with a light snack will be served from 10:00-10:30 a.m. every Sunday.

If you feel called to sign up for a Sunday, please see the sign-up sheet on the back table or contact the Team Leader, Mary Gensler. **We are in need of hosts for May & June.**

Worship with Re-Awaken Band

Here is a great joy for the Centenary congregation. The Re-Awaken CUMC band will play for Sunday worship once a month. They will be playing on May 7. They are looking for more people to join the band, so if you play an instrument or love to sing, they are looking for you! If you are interested or have questions, please contact Jeremiah Diedrich at 482-4608.



A Chicken or an Eagle?

“Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God — what is good and acceptable and perfect.” (Romans 12:2)

Once upon a time, a man found the egg of an eagle. It had been abandoned for some reason by its mother, but as it was still warm, the man took it and put it in the nest of one of his backyard chickens along with the other eggs that were there being brooded upon.

After a period of time, the eaglet was hatched, and along with the other chicks from his nest began to go about the backyard doing what the other chicks did. He scratched the earth for worms and insects. He looked for the corn that the man would throw into the yard. He clucked and cackled as best as he could, and as he grew, he would, like other chickens, thrash his wings and fly a few feet in the air.

Years passed in this way, and the eagle grew very old. One day he saw a magnificent bird far above him in the cloudless sky. It glided majestically among the powerful wind currents, soaring and swooping, scarcely beating its long golden wings.

The old eagle looked at it in awe and asked, “What is that?”

“That is the eagle, the king of birds,” said one of his neighbors. “He belongs to the sky and to the high places. We belong to the earth, we are chickens.”

The old eagle knew this was true, and so it was he lived and died as a chicken, for that is what he believed he was.

Very often, in life, our perspective determines our reality. By experiencing the transforming power of God’s love and grace, we can see the world, the ministry of the church and our individual lives in a unique way. Instead of being held down by “what ifs,” fears of failure, or the challenges the task at hand, we can soar as a people sustained and lifted by the same grace that transformed us.

It is my prayer that you will be able to discover how God is calling you to live out the love of Christ in this world. It is my prayer that you will have the courage to live into that call with your entire being, trusting God’s grace to sustain you through even the most difficult times. It is through following God’s call that we can soar like the eagles we were created to be.

Rev. Jason Mahnke, Wisconsin United Methodist Foundation



From Our Parish Nurse.....

May is Celiac Awareness Month

May is Celiac Awareness Month. Celiac disease is a genetic autoimmune disease that damages the small intestine and can cause gluten intolerance and other symptoms. The disease is triggered by eating foods containing gluten. The disease can cause long-lasting digestive problems and keep your body from getting all the nutrients it needs. Many people who have celiac disease may not even be aware of it, so it is important to recognize the symptoms.

If you have celiac disease, eating gluten triggers an immune response in your small intestine. Over time, this reaction damages your small intestine's lining and prevents it from absorbing some nutrients (malabsorption). The intestinal damage often causes diarrhea, fatigue, weight loss, bloating and anemia, and can lead to serious complications. In children, malabsorption can affect growth and development, besides causing the symptoms seen in adults. There's no cure for celiac disease — but for most people, following a strict gluten-free diet can help manage symptoms and promote intestinal healing. This month is all about educating the public about identifying the signs, consulting your physician, and if diagnosed-- finding the best treatment possible.

The signs and symptoms of celiac disease can vary greatly and differ in children and adults. Digestive signs and symptoms for adults include:

- Diarrhea
- Fatigue
- Weight loss
- Bloating and gas
- Abdominal pain
- Nausea and vomiting
- Constipation

However, more than half the adults with celiac disease have signs and symptoms unrelated to the digestive system, including:

- Anemia, usually from iron deficiency
- Loss of bone density (osteoporosis) or softening of bone (osteomalacia)
- Itchy, blistering skin rash (dermatitis herpetiformis)
- Mouth ulcers
- Headaches and fatigue
- Nervous system injury, including numbness and tingling in the feet and hands, possible problems with balance, and cognitive impairment
- Joint pain
- Reduced functioning of the spleen (hypersplenism)

Children with celiac disease are more likely than adults to have digestive problems, including:

- Nausea and vomiting
- Chronic diarrhea
- Swollen belly

- Constipation
- Gas
- Pale, foul-smelling stools

The inability to absorb nutrients might result in:

- Failure to thrive for infants
- Damage to tooth enamel
- Weight loss
- Anemia
- Irritability
- Short stature
- Delayed puberty



Neurological symptoms, including attention-deficit/hyperactivity disorder (ADHD), learning disabilities, headaches, lack of muscle coordination and seizures

Examples of some of the foods that may trigger these symptoms are:

- Beer and Malt beverages
- Breads
- Bulgur wheat
- Cakes and pies
- Candies
- Cereals
- Sauces and Gravies (many use wheat flour as a thickener)
- Pastas
- Cookies and crackers
- Any foods that contain wheat, barley, rye, or triticale (a cross between wheat and rye)

Consult your physician if you have diarrhea or digestive discomfort that lasts for more than two weeks. Notify your child's physician if your child is pale, overly irritable or failing to grow or has a potbelly and foul-smelling, bulky stools. Be sure to consult your doctor before trying a gluten-free diet. If you stop or even reduce the amount of gluten you eat before you're tested for celiac disease, you can change the test results. Celiac disease tends to run in families. If someone in your family has the condition, ask your physician if you should be tested.

References:

The Celiac Disease Foundation: <https://celiac.org/>

The Mayo Clinic: <https://www.mayoclinic.org/>

MedlinePlus: <https://medlineplus.gov/celiacdisease>

This page is provided by our
Parish Nurse for Centenary UMC:

Marlene Stewart, RN, BSN, PN,
WCC (608) 293-1193

Please feel free to call her with
any health questions you might
have.





1 Elliott Searles	19 Helen Edge
4 Jackie Heinberg	21 Serenity Diedrich
4 Natalie Searles	22 Pearl Wurtzbacher
5 Dan Morrissey	23 Ryan Teasdale
5 Trista Starr	23 Chris Teutschmann
6 Jaidyn Strang	25 Kay Shepard
7 Emily Gratz	26 Amy Mullikin
9 Susan Morrissey	28 Shirley Coy
10 Nevaeh Cockrell	29 Matt Harker
14 Riley Gobrecht	29 Ruth Ann Teutschmann
17 Camden Schwartz	29 LeAnn Wurtzbacher
19 Becky Upmann	31 Jason Unbehau
19 Caleb Arteaga	



25 Greg & Brenda Mullikin
26 Lois & Art Finnigan

May Lectionary

May 7

5th Sunday of Easter

Acts 7:55-60

Psalm 31:1-5, 15-16

1 Peter 2:2-10

John 14:1-14

May 14

6th Sunday of Easter

Acts 17:22-31

Psalm 66:8-20

1 Peter 3:13-22

John 14:15-21

May 21

7th Sunday of Easter

Heritage Sunday

Acts 1:6-14

Psalm 68:1-10, 32-35

1 Peter 4:12-14, 5:6-11

John 17:1-11

May 28

Pentecost

Acts 2:1-21

Psalm 104:24-34

1 Corinthians 12:3b-13

John 7:37-39

Scripture Readers

Opening Prayer Readers

CHILDREN FOR OFFERING HELPERS




Your participation will make our worship more lively and active!

If you feel called to help with any of these, please contact the office.

Worship service is recorded every Sunday and posted on the church Facebook page. The Tech Team is in charge of recording & posting, if you would like to be part of the team, please let Team Leader Jeremiah Diedrich know.



MAY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	
	10:00 Community Worship @ Lafayette Manor 6:30 Cub Scouts	6:00-7:00 Family Fun Night - (Last Night for Summer) 6:00-7:00 Adult Book Study				
7 Communion	8 Noon Retired & Re-Fired Group	9	10 6:00-7:00 Adult Book Study	11	12	13 9:00 Men's/Trustee mtg
10:30 Blended Worship w/ the Re-Awaken Band 6:30 Youth Group						
14	15	16	17	18	19	20
10:30 Blended Worship 		6:00 ALB meeting 6:30 Cub Scouts	11:00 Community Worship @ Willow Valley 6:00-7:00 Adult Book Study - (Last Night for Summer)	3:30 Food Pantry		
21	22	23	24	25	26	27
Last day of Sunday Class for Kids 10:30 Blended Worship 6:30 Youth Group		10:00 Community Worship @ Shullsburg Home 6:30 Cub Scouts				
28	29	30	31			
10:30 Blended Worship						



Join us for Sunday
Morning Blended
worship

10:30 In-Person &
Recorded Service on
Facebook each
Sunday

The Chimes

Centenary United Methodist Church
226 West Church Street
P.O. Box 127
Shullsburg, WI 53586-0127

Address Service Requested



Pastor Maria leads worship for community residents. You are welcome to join and spend time sharing God's love.

May 2 - Lafayette Manor - 10:00 a.m.

May 17 - Willow Valley - 10:00 a.m.

May 23 - Shullsburg Home - 10:00 a.m.



Sharing God's love to change the world by making disciples of Jesus Christ.